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A Metro podcast
Vicky Mochama welcomes Daniel Dale on Friday
to talk Trump, United Airlines and Malala
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Your essential daily news | WEEKEND, APRIL 13-17, 2017

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MAUDIE'S WORLD



The inside of Maud Lewis' home on display at the Art Gallery of Nova Scotia. Right: The late Maud Lewis stands outside her humble, yet colourful home.
PATRICK FULGENCIO FOR METRO; COURTESY BOB BROOKS

How the famous story of this Nova Scotia icon is putting us on the map **metroNEWS**
Plus Ethan Hawke on his role in movie — and returning to the East Coast **metroLIFE**

LESSONS FROM FORT MAC WILDFIRES

Red Cross CEO talks in Halifax about the most expensive disaster in Canadian history
metroNEWS



NAVIGATING WATERFRONT CONSTRUCTION

City figuring out how to accommodate thousands for Rendez-Vous 2017 Tall Ship Regatta
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Here's to a decade of dresses

INTERVIEW

Boutique owner toasts ten years in business... and she's just 29



Grace Gormley
For Metro | Halifax

An hour before her tuition was due, Johanna Galipeau told her parents she wanted to drop out of university.

It was 2007, and the 19-year-old felt she was on the wrong path in life as her heart pulled her in a completely different direction.

Dresses.

"I think maybe it was always in my blood," Galipeau said during an interview Wednesday.

Ten years later, Galipeau is the proud owner of Sweet Pea Boutique on Queen Street, a bright and girly space that attracts customer's attention from all over the world.

Getting ready to mark a 10th anniversary is a milestone for someone who started so young and although running a small business can prove difficult in Halifax, things just came naturally for her.

Some of the major struggles have included construction in the city, and Canadian winters. But overall, so far, so good.

"Knock on wood," Galipeau laughed.

After she dropped out of



Johanna Galipeau in her shop, Sweet Pea Boutique on Wednesday. PATRICK GULGENCIO/FOR METRO

her general arts university program in '07, her parents helped her work on the business plan she was dreaming of. Her vision was something that felt like a high-end shop but with affordable prices.

"Somewhere that a girl

could get something special, but didn't have to break the bank," she said.

Walking around downtown checking out rent prices, she stumbled upon the space on Queen Street. Sweet Pea was born.

In a time before leggings and rompers even existed, everyone in her target market was wearing jeans. While making phone calls with different brands, she realized dresses were also scarce.

"I really broke in right be-

fore the trend hit," Galipeau added.

However, things quickly took off. You can now find dresses at Sweet Pea from Montreal, Toronto, Vancouver, London, and Australia. They also carry dresses made by



"I'm tired and sometimes my feet hurt, but I love the clothes and all of the people."

Johanna Galipeau

local designer, Katrina Tuttle, who creates and chooses the Sweet Pea Collection.

Galipeau has a very strong online presence and said social media makes advertising and marketing easy. The Sweet Pea Instagram account has over 15,000 followers, and gets messages from people all over the world looking to buy.

Online shopping has proven to be difficult however, since Galipeau wants to stay true to only having a few of everything. It's a balancing act that's worth it.

"It's a nice way to get Sweet Pea across Canada, but also stay true to why I started this."

Sweet Pea will be celebrating the 10th anniversary on May 4. Galipeau has a "big shopping party" planned, which will include Instagram giveaways and big sales. As she is also turning 30, Galipeau looks forward to the next chapter.

"I just love it. I'm tired and sometimes my feet hurt, but I love the clothes and all of the people," she said.

As for how long she plans to keep going?

"As long as Halifax will have me," Galipeau smiled.

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Crowds to wade into closures

REGATTA

Construction poses challenge for Tall Ships organizers



Julianne Steeves
For Metro | Halifax

With the Rendez-Vous 2017 Tall Ship Regatta coming into town the last weekend of July, Waterfront Development is figuring out ways to make Halifax waterfront pedestrian friendly for thousands of people, despite construction.

In 2009, an estimated 600,000 people came to see the tall ships and experience the festivities.

This year with more international marketing and more ships "combined with Canada 150 and the national celebrations, I think we could fully expect more people this year," said Jennifer Angel, acting president and CEO of Waterfront Development.

A new floating boardwalk from Murphy's Cable Wharf to the Maritime Museum will help move crowds past the Queen's Marque, where construction will be well underway, said Angel.

"We're also working with our colleagues at the municipality around street closures, pedestrian wayfinding, and other ways to move people and so the main events are centered, as they always are, dispersed along the waterfront," said Angel.

She says they are also working with Halifax Transit to arrange transportation, including ferries to George's and McNab's islands, for various events around food and heritage.

Though the two existing wharves by Queen's Marque will likely be removed by the Tall Ship Regatta, there's still enough space for the approximately 30 ships to dock on the Halifax and Dartmouth waterfronts.

Right now, there's also a cluster of small business being constructed by the Summit Building, but Angel says that won't be an issue during the Tall Ship Regatta.

"They will be open and that construction will be complete long before the ships enter the harbour."

600K

The number of people who came out to the Tall Ships event in 2009.



The Mexican Navy Tall Ship ARM Cuauhtemoc sits docked in Halifax Harbour last summer. JEFF HARPER/METRO

Music, picnics, tours planned for regatta

The Rendez-Vous 2017 Tall Ships Regatta is coming to Halifax for four days of free concerts, Nova Scotian food and a celebration of the province's history.

About 30 tall ships will be coming into port in Halifax on July 28.

They will be docked on the Halifax and Dartmouth waterfronts from July 29 to August 1.

To kick off the ships' Halifax stay, Natalie MacMaster and Symphony Nova Scotia are hosting a free concert on George's Island July 29.

Taste of Nova Scotia is the Regatta's provincial culinary partner, featuring a diner series on George's Island, a family picnic on McNab's Island on Saturday and a fish cake breakfast on Monday.

Halifax will also have fireworks every night of the stay and heritage programming on Citadel Hill, the boardwalk and on George's Island.

There's also an array of other events involving pirates, ship-building, and buskers.

The Rendez-Vous 2017 Tall Ships Regatta is an international sail race that begins Thursday in Royal Greenwich, United Kingdom.

It's run by Sail Training International, an organization that teaches youth from around the world to sail.

The provincial government is contributing \$1.5 million towards the event.

Waterfront Development said the Tall Ships Regatta brought \$32 million in direct benefits to

\$1.5M

The provincial government is contributing \$1.5 million towards the event.

the provincial economy in 2009.

The organization believes this year could be bigger because of Canada 150 and the fact there are more ships.

Halifax is the starting line for the final leg of the race towards the last destination, Le Havre, France.

The ships are making 10 other stops of at ports around Nova Scotia including Lunenburg, Sydney, Shelburne and Digby.



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Red Cross lay out lessons learned from Fort Mc fire

ONE-YEAR ANNIVERSARY

Response to disaster helped revolutionize charity's work



Yvette d'Entremont
Metro | Halifax

As the first anniversary of the Fort McMurray wildfire approaches, the Canadian Red Cross' president and CEO was in Halifax to share lessons learned from the most expensive disaster in Canadian history.

"Never could we have imagined that what took place in those first early days of the response would revolutionize the way the Red Cross works in disasters," Conrad Sauvé told a crowd of invited guests during a luncheon at Halifax City Hall on Wednesday.

As the disaster unfolded last May, the Red Cross was asked by the Alberta government to register members of the community of Fort McMurray. This was a challenge, as the community had been completely evacuated.

"When evacuees fled they spread around the country, some evacuating to shelters in Edmonton and Calgary while others travelled across the country, many to here in Nova Scotia and throughout Atlantic Canada to stay with family and friends," Sauvé said.

While registration is a vital aspect in any response, in the case of Fort McMurray it was a game changer.
Conrad Sauvé of Red Cross



Evacuees drive past a fireball as a wildfire rips through the forest beside Highway 63, some 16 kilometres south of Fort McMurray, Alta. on May 7, 2016. THE CANADIAN PRESS

The organization's team developed an online system that registered 80,000 people via 13 call centres across the country (including one in HRM).

"While registration is a vital aspect in any response, in the case of Fort McMurray it was a game changer. It paved the way for robust real-time needs assessment but also for the

largest, fastest cash transfer ever done in Red Cross history," Sauvé explained.

In the first week following the wildfires, the Red Cross raised \$50 million. In two days, that \$50 million was distributed via email cash transfers to the majority of those evacuated. Sauvé said many evacuees described the funds as a "lifeline" during an extremely difficult time.

"It's a tremendous Canadian success story," he said.

Gavin Giles, national vice chairman of the Canadian Red

Cross board and a Halifax lawyer, said the silver lining that came from the disaster was the unprecedented response that has helped shape the way future emergencies will be dealt with in Canada.

"With disaster frequency on the rise and the annual spring flooding and then summer forest fire seasons almost upon us,

the Canadian Red Cross has been putting a lot of thought into lessons from the Fort McMurray fires and other recent emergencies," Giles said.

"Today is really about how individuals, governments, corporate Canada and community organizations can work together now to be ready for what is surely and sadly ahead of us."

\$50M

How much the Red Cross raised for fire victims in one week

CONSTRUCTION

Ferry terminal project underway

The Halifax Regional Municipality is advising residents that construction of the Halifax Ferry Terminal refresh project will begin on Thursday.

In a media release, an HRM spokesman said the first phase of the project will focus on the ferry ramp landing area and retail space. The work will include a refreshed lobby space, renovations for janitorial and storage space and a new tourism kiosk. Construction is expected to take up to eight weeks.

Work on the project's second phase begins this fall. That work will include a new entry vestibule, security kiosk, a refurbished lobby and waiting areas.

It will also include renovations to washrooms and passenger waiting areas.

Ferry operations and scheduling will continue as usual through the construction period. YVETTE D'ENTREMONT/METRO

IN BRIEF

Cole Harbour's Crosby tops NHL jersey sales

Jersey sales are in for the 2016-17 NHL regular season, and guess who's number one? Cole Harbour's Sidney Crosby, of course. Moving up from the 8th spot in the 2015-2016 regular season, the Pittsburgh Penguins captain finished in top spot.

The Toronto Maple Leafs forward Auston Matthews captured the fourth spot in his rookie season. METRO HALIFAX



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DRUG-TRAFFICKING TRIAL

Witness gasps at evidence in court

Dr. Sarah Dawn Jones brought a patient roughly 30 oxycodone pills a month, even as records show thousands of pills were prescribed in his name, the man's roommate told the Nova Scotia court's drug-trafficking trial Wednesday.

Norma Wentzell gasped Wednesday when Crown lawyer Josh Bryson read from a patient expense report that showed 2,000 OxyNeo pills were prescribed to Merle Chase in one month during the 18-month time frame of the alleged offences.

Chase lived with Wentzell in Bridgewater, and she said Jones would make house calls in 2014 and 2015 to bring him

his prescriptions.

"Oh my gosh, no," said Wentzell, 64, on the stand after being asked if Chase ever received 2,000 oxycodone pills in a single month.

Wentzell said Jones would come to the home roughly every two weeks in 2014, but didn't come as often in 2015.

Under cross-examination, defence lawyer Stan MacDonald appeared to point to contradictions in Wentzell's testimony.

Chase testified Tuesday that he did not receive the bulk of the prescriptions for OxyNeo, even though the patient expense report showed they were prescribed to him.

The Crown alleges Jones

+ OFF THE RECORD

Judge removes evidence

Last week, the judge ruled that a letter and interview Jones provided to the College of Physicians and Surgeons in September 2015 would be excluded.

wrote prescriptions for 46,000 oxycodone and OxyNeo pills to a patient, but the drugs were diverted to the community.

Jones has pleaded not guilty to possession of narcotics for the purpose of trafficking, drawing a document without authority, and fraud.

THE CANADIAN PRESS

LOWER SACKVILLE

Driver charged three times in three weeks



Haley Ryan
Metro | Halifax

A Lower Sackville woman, 54, is facing charges after being arrested for impaired driving three times in three weeks.

According to Halifax RCMP, the most recent incident was Monday just before 8:30 p.m.,

when a resident reported a car driving in the wrong direction down Sackville Drive.

It was involved in a head-on collision with another car on Cobequid Road. The suspect continued driving, causing a third vehicle to swerve and avoid being hit, resulting in minor damage.

The RCMP found the suspect's vehicle in a parking lot. The suspect tried to ram the police car

with her car, but the officer avoided a collision.

The suspect's vehicle went into a ditch, and she was taken into custody, uninjured.

The woman appeared in Dartmouth court this week was released on conditions and is scheduled to return to court on May 17.

Police provided no details about the woman's other two recent arrests.



Victoria Henneberry arrives at Halifax provincial court in 2014. METRO FILE

Delay bid rejected in murder appeal

LAW

Court insists woman goes ahead with her own challenge

A Nova Scotian woman acting as her own lawyer in a bid to overturn her conviction for murdering a young Inuit university student had a rough ride at the province's appeal court Wednesday.

Victoria Henneberry is asking for a new trial on grounds that she panicked when she pleaded guilty to the second-degree murder of Loretta Saunders of Labrador, her pregnant roommate in Halifax whose body was found on the side of a New Brunswick highway in February 2014.

But Henneberry started Wednesday by asking the Appeal Court of Nova Scotia for a delay, saying she was "not prepared mentally or emotionally."

She said her mental health assessments had not been fully compiled, and she hadn't found a psychiatrist she's comfortable with. Henneberry didn't bring any documents with her and only one piece of evidence, a written note by a psychiatrist she once saw recording Henneberry's past and present mental state.

But the appeal court insisted she go ahead. Henneberry called three witnesses — a psychiatrist, police officer and her former lawyer — and quizzed them on post-traumatic stress disorder, which she claims she suffered from when she pleaded guilty.

She told the court she wasn't looking for a new trial only a

"change of charges," but Justice Duncan Beveridge told her that if she won her appeal, the court would likely have to order a new trial.

"If we were to strike your plea ... our only realistic option would be to send you back to trial for first degree murder," said Beveridge.

This came as an apparent surprise to Henneberry. Beveridge told Henneberry that Blake Leggette, who pleaded guilty to first-degree murder, could be called to take the stand against her if she had a retrial.

The case was adjourned to Thursday. Henneberry was sentenced to life in prison with no eligibility for parole for 10 years, while Leggette was given a mandatory life sentence with no parole eligibility for 25 years.

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Take politics out of school spending

OPINION

It's time for all parties to be transparent about funding

As chair of the Halifax Regional School Board, I was recently quoted in a news story regarding capital funding for a new school construction. That quote was subsequently used as a Tweet by a political party. The quote I reference, while accurate, only included my final comment, "The problem is we don't know how decisions are made."

The unfortunate reality is that sound bites that inform media stories are often not complete. With no ill will intended, nobody would know that my full comment was, "Maybe this is just a distraction from the real

issue of capital needs that vastly outnumber the means of the Province. There may be nothing there; the problem is we don't know how decisions are made."

I stand by my statements and although I would rather not have my words used for political advantage, this was politics as usual - I should not have been surprised. In my experience, this is a problem. Decades and decades of politics as usual have led us to where we are today.

There are many challenges we struggle with in Educa-

tion. Without minimizing any of them, what I'll talk about today is the growing infrastructure crisis in this province. Our means cannot address these needs at a rate that will allow us to continue

down this road for long. Education, healthcare, transportation, all have needs that exceed the provincial budget.

Those who are responsible for spending public dollars need to be accountable to every citizen.

Dave Wright, Board chair



Halifax Regional School Board chair Dave Wright. JEFF HARPER/METRO

If we keep doing things the way we've done them in the past, we're not going to find our way out of this spiral.

So how do we break the trend? Where do we go from here? The answer seems simple and yet is somehow com-

plicated. Transparency. That's it! Those who are responsible for spending public dollars need to be accountable to every citizen. Questions about how these choices are made and why certain areas get investment in place of others

could be a distraction from the real issue - the problem is without that needed transparency, we just don't know.

Halifax Regional School Board recently asked for the Nova Scotia School Boards Association to consider bring-

ing the following resolution to the attention of the Minister, "That the Department of Education and Early Childhood Development establish a Capital Planning Committee with representation of School Boards to develop new processes for capital planning, prioritization, and selection for the benefit of all Nova Scotia taxpayers."

We need to work together across party lines, across levels of government to identify a way forward. The Ivany Report spoke of it and the ongoing work of the One Nova Scotia Commission is trying to address it.

Even the Auditor General agrees, the existing process is not working - no fault, no foul, no finger pointing - but if we don't do everything in our power to make it better, we will all share blame regardless of party or level of government.

Education can be better, the children deserve better. The time is now.

Dave Wright is the chair of the Halifax Regional School Board.




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Film could be N.S. calling card

ART

Maud Lewis movie has Oscar appeal, could draw tourism



Ben Macintosh
For Metro | Halifax

When Oscar season comes around next year, there's a good chance the woman portraying a historical figure from Nova Scotia will be nominated for the biggest prize in Hollywood.

"I wouldn't be surprised if Sally Hawkins gets a best actress nomination," said Atlantic Film Festival (AFF) executive director Wayne Carter about Maudie, a film they premiered at the 2016 festival that's hitting the big screen of three Canadian cities on Friday.

"She's been nominated for Academy Awards before," Carter said. "She's a well-established actress."

Maudie is a film about the life of folk painter Maud Lewis, who lived in Digby. The film stars English Actor Sally Hawkins as Maud, and American Ethan Hawke as Everett Lewis.

Everyone at the AFF knew it was a top-drawer film, Carter said.

"We're not surprised it has done so well," Carter said. "It can get even bigger with all the screen time at festivals over the summer."

Maudie opens in select theatres in Halifax, Toronto and



Nancy Noble, Director and CEO of the AGNS, said there could be a boost in visits to the gallery, which houses Maud Lewis' home. PATRICK FULGENCIO/FOR METRO

Vancouver on Friday.

Although Lewis lived her entire life in Nova Scotia, Maudie is filmed in Newfoundland and Labrador.

Carter said successful films like Maudie help promote the East Coast as filming locations.

"Any film that is made here, it becomes a calling card for the area," Carter said. "When films are shown internation-



People like her paintings because they are so bright and accessible.

Nancy Noble, Art Gallery of Nova Scotia

ally, they become ambassadors to the area's film industry."

The film could help with the region's tourism as well, Carter said.

"The success of Maudie in

other markets could help promote the Art Gallery of Nova Scotia," Carter said.

"It also shows the beautiful scenery of the region."

The Art Gallery of Nova Sco-

tia (AGNS) has 40 of Lewis' paintings, as well as the house she lived in.

Nancy Noble, director and CEO of AGNS, said there could be a boost in visits to the gallery due to the film.

"Because of the size of Nova Scotia, people can come see her paintings and her house, then drive over to where she lived in Digby for lunch,"

Noble said.

Lewis received no formal training, and her arthritis limited the size of her paintings, yet she's one of the best known Canadian folk painters, Noble said.

"We have the biggest public collection of her work," Noble said. "People like her paintings because they are so bright, and accessible to people."

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51 Forest Hills Parkway, Cole Harbour

Thursday, Apr. 20, 12 - 2 p.m. | Central Library (Paul O'Regan Hall)
5440 Spring Garden Road, Halifax

Thursday, Apr. 20, 6 - 8 p.m. | NSCC Technology Campus (Atrium)
5685 Leeds Street, Halifax

Monday, Apr. 24, 6 - 8 p.m. | NSCC Waterfront Campus (Presentation Theatre)
80 Mawioni Place, Dartmouth

Wednesday, Apr. 26 from 6 - 8 p.m. | Ecole Secondaire du Sommet (Cafeteria)
500 Larry Uteck Boulevard, Halifax

Thursday, Apr. 27 from 6 - 8 p.m. | Acadia Hall
650 Sackville Drive, Lower Sackville

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HALIFAX

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5

THINGS TO DO THIS EASTER LONG WEEKEND

From egg hunts to free gelato, a drive-in movie night and some much-needed activities to work off all that excess chocolate, there is plenty to get your teeth into in Halifax over the next four days. Get involved.



Grace Gormley
For Metro | Halifax

1 Egg hunt

Hop into the Easter festivities at the downtown Dartmouth Easter egg hunt this Saturday. Collect chocolates and treats with the kids as you go from shop to shop, from noon until 2 p.m. Each participating retailer will have a sign on the window, and they encourage you to come early to get the best selection of goodies. The Easter bunny himself will be making an appearance in the downtown area, with pictures and hugs welcome.

2 Gelato for charity

What's better than enjoying a nice scoop of gelato over the weekend? Free gelato. The Humani-T café is hosting a Free Gelato Day at both of its Halifax locations – 5755 Young St. and 1451 South Park St. on Saturday. Both will be serving from 2 to 8 p.m. Donations to the charity, Hope for Wildlife, are encouraged. Hope for Wildlife is a non-profit organization that rehabilitates and releases injured or orphaned wildlife, researches and educates the public.

5 Spring Fair

Embrace the springtime with local arts and crafts. The Cape & Cowl spring craft fair is planned for Saturday at 11 a.m. and will run until 5 p.m. Sunday at Cape & Cowl Comics in Lower Sackville. The community event will be packed with local artists selling their items at the comic book shop, and is sure to include amazing art. A silent auction will also be held at the event.

3 Drive-in: Movie Night Fundraiser

You really can't go wrong with a movie night. The Halifax Music Co-op is hosting a drive-in styled movie night fundraiser, complete with big screens, concession stands and theatre style seats. Two or three movies will be played from 7 p.m. until midnight on Saturday, and entry is by donation of \$5, if you wish. The movies have yet to be announced, but you can cast your votes on their event Facebook page — HMC at the Drive-in: Movie Night Fundraiser.

4 Lake Charles guided walk

After a weekend full of inhaling chocolate and Easter dinners, you may want to work it all off while also getting some fresh air. A Lake Charles guided walk is scheduled for 10 a.m. on Sunday, hosted by the Dartmouth Volksmarch Club. Walkers will be meeting at the Shubie Park Campground parking lot, and there will be a 6 and 10 kilometre trek.



Recently adopted Fahy checks out some Easter eggs at the Northumberland Humane Society. KAREN LONGWELL / METROLAND



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HEALTH CARE

McNeil promises new facility, renovations

Nova Scotia's opposition parties are accusing the Liberal government of playing pre-election politics with hospitals after the premier rolled out promises for a new facility in Pugwash and renovations in Bridgewater.

Tim Houston, the Progress-

sive Conservative finance critic, pressed the deputy minister of finance to release the health projects priority list during a legislature committee hearing on Wednesday. Byron Rafuse said both projects announced Tuesday by Premier Stephen

McNeil had been on the list, but he declined to release the priority list — citing cabinet confidentiality.

"We need to know there is a process, and the process is being respected," Houston responded. "We need to know the government is following the priorities of the people, and we don't have any evidence the premier is doing anything other than following his own priorities."

Houston also said it's odd

the premier is "running around announcing things when he doesn't know how much they're going to cost," after years of underspending on the health capital budget.

Over the last three years, the province has spent almost \$75 million less than budgeted on health capital projects, with another under-budget year expected to be announced in the April 27 budget, said a government spokeswoman in an email. THE CANADIAN PRESS



We don't have any evidence the premier is doing anything other than following his own priorities.

Tim Houston, finance critic



Atlantic premiers Stephen McNeil, centre, Brian Gallant, left, and Dwight Ball, right. THE CANADIAN PRESS

Promise on clean energy

INDUSTRY AND ENVIRONMENT

Premiers plan to enhance sustainability sector on coast

Atlantic Canada's premiers pledged Wednesday to grow the region's clean-energy sector, saying a new partnership will be developed this summer.

After a meeting in Saint John, N.B., New Brunswick Premier Brian Gallant said the goal is to ensure the region has access to reliable green energy at competitive rates.

"It may mean there is more co-operation in buying and trading energy between our region," Gallant told a news conference.

"It may mean that we are going to work together to export more to markets in the region or the United States."

The new plan will address transmission capacity needs, look at ways of supporting the development of renewable energy sources, and promote energy efficiency for the commercial and residential sectors. It will also explore opportunities for getting federal and private sector funding.

Nova Scotia Premier Stephen McNeil said there are economic benefits to ensuring green energy produced in Atlantic Canada can be exported to U.S. markets.

McNeil said that capacity is poised to grow through development of the Muskrat Falls hydroelectric project in Labrador and tidal energy generation in the Bay of Fundy.

"It will be sizeable, stable energy sources...that will allow us to have an export commodity that will actually bring back much needed revenue to invest in other things in the region," said McNeil.

The premiers said the energy partnership would also help the four Atlantic provinces achieve regional and national goals to reduce carbon emissions.

As well, McNeil said he is willing to discuss possible co-operation on carbon pricing. However, he said such an approach could prove challenging.

"We've been all working at different paces to continue to reduce our greenhouse gas output," he said. "Some of us have achieved it in different ways and at different levels, so it's hard at this point for all of us to start at the same point."

THE CANADIAN PRESS

"We all have different economic realities and challenges."
N.B. Premier Brian Gallant



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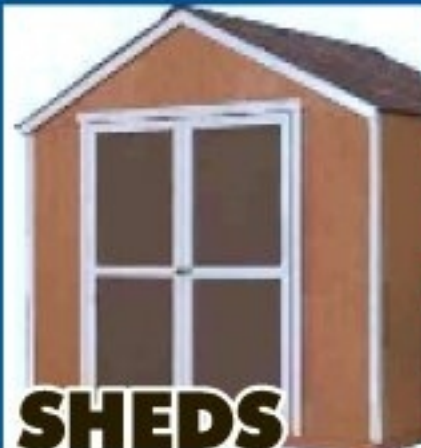
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94. BROTHER LOUIE
93. IF YOU LEAVE ME NOW
92. YOU MAKE ME FEEL LIKE DANCING
91. NO SUGAR TONIGHT
90. SILLY LOVE SONGS
89. AIN'T NO MOUNTAIN HIGH ENOUGH
88. HOTEL CALIFORNIA
87. YOU'RE SIXTEEN
86. FAMILY AFFAIR
85. THEME FROM STAR WARS
84. HOT STUFF
83. LEAN ON ME
82. HEART OF GLASS
81. MY SWEET LORD
80. I CAN SEE CLEARLY NOW
79. BAD BLOOD
78. WE'RE HERE FOR A GOOD TIME
77. FLY ROBIN FLY
76. UNDERCOVER ANGEL
75. HOW CAN YOU MEND A BROKEN HEART
74. YOU AIN'T SEEN NOTHING YET
73. BROWN SUGAR
72. ME AND BOBBY MC GEE
71. ISLAND GIRL
70. EVERYTHING IS BEAUTIFUL
69. BEST OF MY LOVE
68. TIE A YELLOW RIBBON
67. BRIDGE OVER TROUBLED WATER
66. WE'RE AN AMERICAN BAND
65. WELCOME BACK
64. BOOGIE OOGIE OOGIE
63. ROCK ME GENTLY
62. JUST MY IMAGINATION
61. SATURDAY NIGHT
60. VENUS
59. MY LOVE
58. SWEET CITY WOMAN
57. BABY COME BACK
56. ABC
55. DANCING QUEEN
54. A HORSE WITH NO NAME
53. LOVE WILL KEEP US TOGETHER
52. FAME
51. WHAT A FOOL BELIEVES

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50. BILLY DON'T BE A HERO
49. WITHOUT YOU
48. BAD BAD LEROY BROWN
47. HOT CHILD IN THE CITY
46. CROCODILE ROCK
45. PLAY THAT FUNKY MUSIC
44. I CAN HELP
43. BAGE
42. ROCK YOUR BABY
41. ROCK 'N ME
40. WAR
39. 50 WAYS TO LEAVE YOUR LOVER
38. THAT'S THE WAY - LIKE IT
37. ESCAPE
36. THE NIGHT CHICAGO DIED
35. MY SHARONA
34. YOU'RE SO VAIN
33. DON'T STOP
32. CAR WASH
31. I WANT YOU BACK
30. JIVE TALKING
29. DON'T GO BREAKING MY HEART
28. ALONE AGAIN NATURALLY
27. SIR DUKE
26. ONE BAD APPLE
25. GREASE
24. SEASONS IN THE SUN
23. I WILL SURVIVE
22. RAINDROPS KEEP FALLING
21. KISS YOU ALL OVER
20. KNOCK THREE TIMES
19. BAD GIRLS
18. AMERICAN PIE
17. THE LOCOMOTION
16. PHILADELPHIA FREEDOM
15. I JUST WANT TO BE YOUR EVERYTHING
14. LE FREAK
13. DO YOU THINK I'M SEXY
12. I'LL BE THERE
11. TAKING CARE OF BUSINESS
10. YOU'RE THE ONE THAT I WANT
9. IT'S TOO LATE
8. MAGGIE MAY
7. TONITE'S THE NIGHT
6. AMERICAN WOMAN
5. LET IT BE
4. STAYING ALIVE
3. YOU LIGHT UP MY LIFE
2. DECEMBER 1963
1. NIGHT FEVER

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'What will a blind guy tell NASA?'

LITERATURE

Vancouver writer invited to tell his story to space agency



David P. Ball
Metro | Vancouver

Ryan Knighton, a creative writing instructor at North Vancouver's Capilano University, truly never expected being enlisted by NASA.

But the travel writer and author of *Cockeyed* — a memoir about his experience of becoming blind as an adult — is headed to Florida to speak before the space agency next Tuesday.

"It struck me as incredibly funny," he told Metro, laughing. "Like, what is a blind guy from Canada going to tell NASA?"

"I have nothing to do with space."

The invitation to lecture to researchers and other staff at NASA's Goddard Space Flight Center came about thanks to his 2012 appearance on podcast



Ryan Knighton is a blind travel writer and author of *Cockeyed* — a memoir about his experience of becoming blind as an adult. JEN ST. DENIS/METRO

This American Life.

On the episode, Knighton recounted a distinctly North Vancouver experience: nearly having a run-in with a bear on campus. Except he was a blind man carrying his young daughter on his back. (It turned out she was yelling "Bear!" about a teddy bear she'd dropped.)

"It was a story ultimately about being a blind dad rais-

ing my daughter, and she had to learn that I couldn't see," he recalled. "It's an interesting moment learning the consciousness of another person — imagining the world from another point of view."

The organizer of Goddard's leadership colloquium speaker series told him there was no need to relate his talk to space, science or exploration in any

way. They were particularly interested in the importance of workplace diversity.

"Just do what you do," he said the NASA staffer told him. "You don't need to try to speak to the space-like people."

She even sent him a detailed breakdown of Goddard's own demographics, and he was surprised that 7 per cent of employees identified as disabled.

He decided he'd share his ideas on different "points of view."

"We typically think of diversity issues in the workplace as accommodation — how to accommodate people with physical differences and other very practical concerns — but we don't want to erase the differences of points of view," he said. "In some ways, the friction of differences is where a lot of interesting stuff happens."

As a frequent travel writer, he explained, his unique point of view as a blind man means that run-of-the-mill vacations can turn into wondrous, thrilling or terrifying adventures. The East Vancouver resident was recently sent by a magazine on a safari in Zimbabwe, where he ended up walking through the bush — "the scariest thing I've ever done" — and hearing one of the "rarest sounds on the planet," a brawl between a pack of hyenas and a pack of African wild dogs.

"It sounded like an alien war," he quipped.

Other speakers in the Goddard Exploring Leadership colloquia series include a thinker on gender and technology, a symphony conductor, and an IMAX cinematographer.

WILDLIFE

Beaver beats the odds

A wandering beaver shut down part of a highway in southern Ontario on Wednesday as police worked to get the animal back to its natural habitat.

Ontario Provincial Police Sgt. Kerry Schmidt says the beaver was spotted sitting on a storm drain against a concrete dividing barrier on Highway 7/8 in Cambridge, Ont.

Schmidt says officers blocked part of the highway and tried to shoo the animal across the road to the ditch.

But he says the beaver was having nothing of it and refused to move from the left side of the highway.

He says police had an officer stay with the beaver to ensure it was OK and called in wildlife control.

Schmidt says wildlife control was able to capture the beaver and bring him back home.

"No one got hurt, and everybody's happy," Schmidt said.

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NEW BRUNSWICK

Ancient Indigenous site found

The New Brunswick government says testing has revealed that a Fredericton suburb was once home to an Indigenous encampment that is one of the oldest sites in northeastern North America.

The site in Marysville, N.B., was uncovered during road construction.

To confirm the site's estimated age, a number of charcoal samples from a firepit were sent for radiocarbon dating.

The province says the resulting dates were slightly older than expected, indicating the site was occupied about 12,700 years ago.

The area was once on the

shoreline of a large glacial lake at the end of the last ice age.

Archeological excavations last summer uncovered evidence of a small Indigenous encampment, with thousands of fragments of stone tools, charcoal and animal-bone fragments.

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Pakistani activist and Nobel Peace Prize winner Malala Yousafzai is presented with an honorary Canadian citizenship by Prime Minister Justin Trudeau on Parliament Hill Wednesday. THE CANADIAN PRESS

Malala's nudge to Parliament

PARLIAMENT HILL

Teen activist an honorary Canadian, asks country to lead

The irrepressible Malala Yousafzai, the teenage Nobel Peace Prize winner who survived a Taliban bullet in 2012, delivered an enduring message of hope, perseverance and inspiration Wednesday — and did it as an honorary Canadian citizen.

Yousafzai used her newfound membership in the Canadian family and towering presence on Parliament Hill to apply a little friendly pressure, calling on the country to go beyond honorifics and take a global lead in ensuring more girls can go to school.

"I know where I stand," Yousafzai said during a moving speech to a joint session of Parliament that was punctuated frequently by thunderous standing ovations. "If you stand with me, I ask you to seize every opportunity for girls' education over the next year."

The 19-year-old called on Canada to make girls' education the centrepiece of its work as host of the G7 next year something that would bring full circle the process of how the Pakistani activist became Canada's sixth honorary citizen.

The accolade was originally to be conferred by former Con-

servative prime minister Stephen Harper, whose inner circle thought honouring Yousafzai would be a logical offshoot of their government's focus on women and girls' health when Canada last led the G7.

She was to have received the honour on Oct. 22, 2014, but on that day a gunman rampaged through the very building where Yousafzai stood Wednesday.

"The man who attacked Parliament Hill called himself a Muslim, but he did not share my faith," she said.

"I am a Muslim and I believe that when you pick up a gun in the name of Islam and kill innocent people, you are not a Muslim anymore."

The gunman "shared the hatred" of the man who attacked the Quebec City mosque in January, who killed civilians and a police officer in London three weeks ago, who killed 132 school children at Pakistan's Army Public School in Peshawar, she said.

"The same hatred as the man who shot me."

Malala sang Canada's praises throughout her speech.

"Welcome to Canada" is more than a headline or a hashtag," she said. "It is the spirit of humanity that every single one of us would yearn for, if our family was in crisis. I pray that you continue to open your homes and your hearts to the world's most defenceless children and families — and I hope your neighbours will follow your example."

THE CANADIAN PRESS

PHILIPPINES

Troops kill militant who murdered Canadians

Philippine troops battling militants in a central province have killed a key Abu Sayyaf commander who had been blamed for the beheadings of two Canadian hostages in 2016.

The Philippines military chief of staff Gen. Eduardo Ano told The Associated Press that troops have recovered and identified the remains of Moammar Askali, who used the nom de guerre Abu Rami, in the scene of the battle in

a far-flung coastal village on Bohol island.

Five other Abu Sayyaf gunmen were killed in the fighting on Tuesday, along with four soldiers and policemen.

Askali was blamed for the kidnappings of John Ridsdel and Robert Hall in September 2015. The Canadians had been taken from a marina by Abu Sayyaf gunmen along with a Norwegian man, Kjartan Sekkingstad, and Hall's Filipino girlfriend, Marites Flor.

The militant group demanded a ransom, which Canada refused to pay, and both Canadian men were beheaded last year.

Abu Sayyaf militants continue to hold at least 29 captives in Sulu's jungles, many of them foreign tugboat and cargo ship crewmen seized at the sea border between the southern Philippines, Malaysia and Indonesia.

Ano said the death of Askali is a "major blow to the

Abu Sayyaf" and the group will "have to think twice" if it plans to kidnap innocent people.

Philippine President Rodrigo Duterte has ordered troops to destroy the extremists and has threatened to declare martial law in the country's south if the threat posed by the Abu Sayyaf and other extremist groups aligned with the Islamic State group gets out of control.

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FOCUS ON FAMINE

Update: Somalia

'Fighting over empty bottles'

APPEAL

Canadian team staying longer to try to avert growing crisis



Gilbert Ngabo
Metro | Toronto

The magnitude of drought caught Mahmood Qasim and his team off guard when they landed in Somaliland (northern Somalia) last Friday.

The heat is unbearably extreme, with daytime temperature hovering around 40 C. Thousands of displaced families leave their dead livestock behind and travel hundreds of kilometres on foot to reach makeshift camps, where it's easier for aid organizations to distribute food and water. Desperate children line up on roads hoping for passersby to throw anything at them to eat.

"Kids are fighting over empty bottles, trying to squeeze out the last drop of water," said Qasim from Mississauga, speaking to Metro this week from Ainabo, Somaliland.

As a member of the Islamic Relief Canada, Qasim travelled with some members of the Somali Canadian Task Force on Famine Prevention in Somalia — one of the four countries facing a famine outbreak according to the United Nations.



Mahmood Qasim, left, is in northern Somalia to oversee projects to distribute food and water supplies to people facing famine. CONTRIBUTED

Metro has chronicled the ongoing food insecurity in Somalia, Nigeria, South Sudan and Yemen. Efforts by immigrants from affected countries have sprung up across the country to raise funds for people in need of immediate assistance. The Islamic Relief Canada has committed to raising \$1.2 million for Somalia. They've collected over \$300,000 so far.

The situation is so dire Qasim and his team had to delay their return time in an

effort to reach more affected regions. About 600 households in Ainabo received food and water supplies on Monday. Another 400 displaced families in Waridaad got supplies Wednesday, while plans are underway to visit Bohotle camps near Ethiopia. Even then, Qasim knows their efforts aren't enough to avert the crisis he's witnessing.

"It's not even close," he said. "This is going to become a major crisis if nothing is done to stop it."

This is going to become a major crisis if nothing is done to stop it.

Mahmood Qasim

HOW YOU CAN HELP

Somali-Canadians across the country and many other NGOs are leading efforts to assist those affected by famine in Somalia:

Somali Canadian Task Force on Famine Prevention in Somalia: Formed last month as a response to the ongoing famine, the group has raised over \$300,000 through Islamic Relief Canada. More info at islamicreliefcanada.org

Horn of Africa Development Assistance: The Ottawa-based non-profit runs development projects in Somalia aimed at fighting poverty and building capacity. To get involved or donate, visit hoda.ca

Global digest

Spicer says Hitler comment 'inexcusable'
White House press secretary Sean Spicer said Wednesday that his attempt to compare the Holocaust and Syrian President Bashar Assad's use of chemical weapons was "inexcusable and reprehensible" and was made all the worse by this being a holy week for Christians and Jews. He said the comment was personally and professionally disappointing.

"To make a gaffe and a mistake like this is inexcusable and reprehensible," Spicer said during a previously scheduled appearance. "It really is painful to myself to know that I did something like that," he said. THE ASSOCIATED PRESS

U.S.-Russia ties may be at 'all-time low': Trump
Laying bare deep and dangerous divisions on Syria and other issues, President Donald Trump declared Wednesday that U.S. relations with Russia "may be at an all-time low." His top diplomat offered a similarly grim assessment after meeting with Vladimir Putin in Moscow.

"Right now we're not getting along with Russia at all," Trump said flatly during a White House news conference. It was stark evidence that the president is moving ever further from his campaign promises to establish better ties with Moscow.

THE ASSOCIATED PRESS

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Aveeno



United Airlines promises that 'this will never happen again'

The chief executive of United Airlines said the carrier will no longer ask police to remove passengers from full flights after the uproar over a man who was dragged off a plane by airport officers in Chicago.

In an interview with ABC's "Good Morning America" aired Wednesday, Oscar Munoz said he felt "ashamed" watching video of the man being forced off the jet. He has promised to review the airline's passenger-removal policy.

Munoz, who leads United's parent company, apologized again to Kentucky physician David Dao, his family and the other passengers who witnessed him being taken off the flight.

"That is not who our family at United is," he said. "This will never happen again on a United

+ COMPENSATION

United says it is offering compensation to all passengers on the flight from which a man was dragged off by police.

flight. That's my promise."

In the future, law enforcement will not be involved in removing a "booked, paid, seated passenger," Munoz said.

Also Wednesday, a Chicago alderman said representatives from United and the city's Aviation Department have been summoned before a city council committee to answer questions about the confrontation at O'Hare Airport.

Alderman Mike Zalewski said

he did not know who will represent the airline before the Aviation Committee, but Munoz has been notified of the hearing.

Munoz called the embarrassment a "system failure" and said United would reassess its procedures for seeking volunteers to give up their seats.

Meanwhile, the airport police officers who were called to remove Dao essentially walked into what experts say was a no-win situation: enforcing a business decision by a private company.

But if the passenger posed no threat and was not being disruptive, officers almost certainly could have tried an approach other than dragging him out of his seat and down the aisle, including simply telling the airline to resolve the situation itself, experts said. THE ASSOCIATED PRESS

Bull's sculptor challenges Fearless Girl

STREET ART

Threatens to sue, says statue violates artistic copyright



Andrew Fifield
Metro | Toronto

Wall Street's Fearless Girl has

spent weeks in a staring match with Charging Bull, and the bull blinked first.

The statue of the steadfast girl, which appeared on March 7 to mark International Women's Day, was created by artist Kristen Visbal and was commissioned by a New York advertising firm and a Boston investment bank as a pointed message to corporate America about the lack of women in their boardrooms.

However, where others see an inspiring note for women and girls, the sculptor behind the bull, Arturo Di Modica, sees "an advertising trick" that is violating his legal rights.

"I put it there for art," the Italian-born artist told MarketWatch in March. "My bull is a symbol for America. My bull is a symbol for prosperity and strength," adding that Fearless Girl infringes on his artistic copyright by offsetting it with a

distinctively different element.

This week, in a bid to once again make his bull the master of its domain, Di Modica has turned to another symbol for America: threats of litigation.

The Italian-born artist has enlisted a lawyer to challenge city officials that granted the permit. Attorney Norman Siegel says he will be seeking the decision's paper trail to ensure proper procedures were followed.



Fearless Girl appeared on Wall Street on March 7 to mark International Women's Day. GETTY IMAGES

CANNABIS

Legal pot bill may call for plain packaging

Growers on the cusp of Canada's nascent marijuana industry are bracing for Thursday's long-awaited Liberal legislation on legal pot, which sources say is expected to require the newly unshackled drug to be sold only in plain, brand-free packaging.

The prospect of plain packaging, which tobacco manufacturers are also opposing, has pot producers warning the federal government that they won't be able to compete with the black market without some form of branding.

Health Minister Jane Philpott spoke to a Senate committee Wednesday about requiring plain packages for tobacco products — a measure that was also recommended by the federally appointed task force on marijuana.

In an interview, Philpott would neither confirm nor deny that the new bill would require plain packaging for legal marijuana, offering only that there are indeed public health lessons to be drawn from the experience with tobacco. THE CANADIAN PRESS

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VINAY MENON ON BILL O'REILLY'S VACATION



O'Reilly told viewers he'd be back in two weeks. But there is an internal debate at Fox about his future.

Bill O'Reilly is taking a vacation that should be permanent.

"This time of year, I grab some vacation because it's spring and Easter time," O'Reilly told viewers on Tuesday night, sporting the fake smile of a creep under siege who secretly fears the jig is up. "Last fall, I booked a trip that should be terrific."

He did not reveal his itinerary, possibly to avoid tipping off women he may decide to sexually harass on his travels: "Yes, front desk? I need some loofah and your hottest cleaning lady sent to my room, pronto. Is there a masseuse on staff, preferably of Balinese descent? I'd like to show her something. Do you know if there are any Scandinavian flight attendants staying here? Oh, I see. Well, what are you wearing right now? Care to visit my pro-spin zone?"

Is this grossly unfair? No. Actually, it's not. If the above references are unclear, read the 23-page statement of claim in a sexual harassment lawsuit that a former producer from The O'Reilly Factor filed in 2004. It's a mind-blowing document that ended up on The Smoking Gun; just don't read it if you're eating a falafel, or ever again plan to eat a falafel.

At the time, Fox News treated the lawsuit as a regrettable aberration, possibly even one big misunderstanding. It was a one-off, execs whispered to reporters off the record — a one-off that warranted no official reprimand.

O'Reilly, then as now, was the network's biggest star. And even if he's widely perceived as a huffing and puffing gasbag who profits from random skir-

mishes in the culture wars he starts with his arsenal of intellectually dishonest grenades, he was and is ratings gold. Fox News without Bill O'Reilly, went the thinking inside Fox News, would be like McDonald's without the Big Mac.

Yes, unless the Big Mac was suddenly linked to a massive outbreak of E. coli.

After a number of scandals at the network recently — including the dismissal of former chairman Roger Ailes last sum-

mer over, yes, charges he sexually harassed a number of female employees — can Fox afford to keep its biggest money-maker?

That's the real question. As O'Reilly says, "The truth hurts." And the truth is that after scolding the world for more than two decades, after harnessing populist rage and making a killing as an alleged champion of decency and family values, O'Reilly's alleged indecency is now the story.

Unlike the lawsuit in 2004, the story this time won't fade into the ether. As this month's exodus of advertisers from The O'Reilly Factor suggests, companies are now far more likely to take a zero-

tolerance stand against sexual harassment. Sponsors don't want to be associated with predatory allegations. The top-line damage to reputation overshadows the bottom line. O'Reilly's downward spiral started earlier this month with an investigation by the New York Times. The newspaper discovered a total of \$13 million has been paid to five women over the years "in exchange for agreeing



Fox News host Bill O'Reilly should make his upcoming vacation permanent, writes Vinay Menon. AP PHOTO

relationships with them, causing some to fear that if they rebuffed him, their careers would stall." That pattern, incidentally, was crystal clear in the 2004 lawsuit, which according to the Times, was settled out of court for roughly \$9 million. But nothing was done. So now O'Reilly is "on vacation." If he's traveling on United Airlines and the flight is overbooked, maybe he'll be dragged off the plane, battered and bruised. If that happened, he'd at least get a taste of how it feels to be abused by those in authority, to have his personal safety compromised and his rights violated just because someone thought they could get away with a reprehensible act.

He might even get new insights into what he's accused of doing. O'Reilly told viewers he'd be back in two weeks. But as New York magazine reported on Tuesday night, there is an internal debate at Fox about his future.

There are those who believe he should never return from vacation. Ironically, that's exactly what O'Reilly would favour if similar charges were levelled against a rapper, Hollywood liberal, feminist, leftist, atheist, tree-hugger, moonbat or any of the other enemy groups he's railed against as the stern granddaddy of conservative censure. He'd be screaming for blood right now.

This might be something he thinks about if his vacation never ends. Vinay Menon is a Toronto Star entertainment columnist.

Students need role models to achieve true equity in school



Vicky Mochama
Metro

School can be pretty racist.

At one dance at my high school, a couple students showed up drunk. The school naturally involved the parents. In the end, the white kids who'd broken the rules were given light punishments, but the black boy was given a full week's suspension.

This was standard at my school. The white kids were given the benefit of the doubt while the full weight of the institution was brought to bear on the black students. At times, it was punitive. But at others, it looked like the bigotry of low expectations, such as guidance counsellors who steered black students away from university-oriented courses and toward college or technical ones.

There is another way school can be pretty racist. I lucked out on having parents who used to be teachers. But in 12 years of education across six schools, I only ever had one black teacher.

A recent working paper from the IZA — the Institute of Labor Economics found that having just one black teacher during elementary school decreases the probability of low-income black boys dropping out by nearly 40 per cent. Moreover, black students who'd had one black teacher were more likely to say they expected to go to college.

While the research is American, the conclusion is useful for schools here: Diversity within the teaching

ranks isn't just a statistical measure about "representation." It is actually essential for students to see role models in order to imagine their own success.

Equity builds on diversity by letting students of all races see teachers of colour in a range of positions within education.

Another American study showed that students of all races are more likely to have positive perceptions of teachers of colour, and that this perception was linked to performance in standardized tests.

Canada's demographic changes are going to be felt in our schools. Around cities especially, the commitment of school boards to equity is going to affect how well non-white students do.

For a long time now, parents in York Region District School Board, just north of Toronto, have complained that their kids were facing a system of racism and discrimination. A report this week vindicates the parents. The trustee who referred to a parent with a racial slur isn't an anomaly but, rather, proof of a systemic problem and a lack of skilled leadership.

The report notes that under the current director of education, the board had made equity "a foundational practice." Parents, however, were unclear what that meant. Furthermore, presentations on equity showed no specific plans or targets.

Equity — and its partners, diversity and inclusion — have become vague terms. But in school, especially, it is essential that they are clearly understood and made a priority.

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MOVIES MUSIC TELEVISION DIGITAL

Love is 'like a pair of odd socks'

INTERVIEW

Ethan Hawke says he relishes chance to play gruff character

Richard Crouse
For Metro Canada

In *Maudie*, a biopic of Nova Scotia folk artist Maud Lewis, Ethan Hawke plays Everett, the artist's brusque husband. "You walk funny," he says when he first meets her. "You a cripple? You sick?"

In other words, he's not exactly a charmer.

"It's always fun and such and such a great experience to get to play a character that audiences love," says Hawke. "It feels really good. But often to tell a really interesting story you have to play people who are badly behaved. I feel that as gruff and as unacceptable as a lot of Everett's behaviour is, it is not uncommon at all of men of that time period. I remember my grandmother always accusing my grandfather of not wanting a wife but a maid. He's somebody that in the course of that relationship learns how to love."

As romance blossoms between them, Maud's art — handmade postcards, paintings — slowly gains fans, including Vice President Richard Nixon who purchased a landscape by mail. As Maud's increasing recognition threatens Everett's simple way of



A romance blossoms between Everett, played by Ethan Hawke, and Maud Lewis, played by Sally Hawkins, as her art slowly gains fans in *Maudie*. The biopic of the Nova Scotia artist opens this weekend. CONTRIBUTED

life their union becomes strained.

"I found that story really surprising. The subtle details of their internal power shifts, I thought, were really true to life. All long-term relationships have strange power dynamics and the behaviour within the couple is always shifting about who's in charge and in charge of what, and what that does

MOVIE RATINGS by Richard Crouse

Their Finest ★★★
Maudie ★★★★★
Gifted ★★★
A Quiet Passion ★★★★★
My Entire High School Sinking Into The Sea ★★★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

to their love and how that changes."

The couple is, as Maud says, "like a pair of odd

socks."

"I thought it was a beautiful journey to go from someone who was abusive to somebody who knew how to love and care for another person. That's an interesting character to get to play."

The script caught his eye not only because of the chance to play a complicated character but also because of his affinity for Nova Scotia.

"I bought a place in Nova Scotia probably in the late nineties. I've been going up there once or twice a year every since then. I love it up there."

"Through a friend of a friend they thought I might like the script just because I like Nova Scotia so much. They were right. Of course then they tricked me and the shooting ended up being in Newfoundland. I thought I could shoot this movie and live in my house, but I couldn't."

Maudie is a movie about small moments; an exchanged look, a caress. Like its real-life inspirations, the film is unpretentious — occasionally gruff but always honest and truthful.

"Most of us aren't in giant espionage battles or helicopter chases. Most of us don't need a superhero," Hawke says. "For most of us the real events of our lives correspond around love. The losing of it, the gaining of it. How we feel about any given time period of our life has to do with that and I think it is very difficult to make love stories for adults because they're very complicated."

"Arthur Miller has a great quote about how everybody is interested in stories about falling in love and getting married, or stories that start with a break up but end in somebody finding resolution. But what is very difficult to do is show the actual relationship. I love this story for the messiness of the real life in it."

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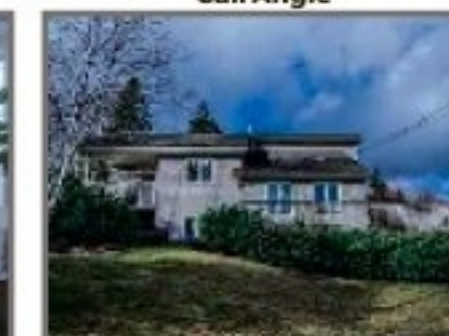
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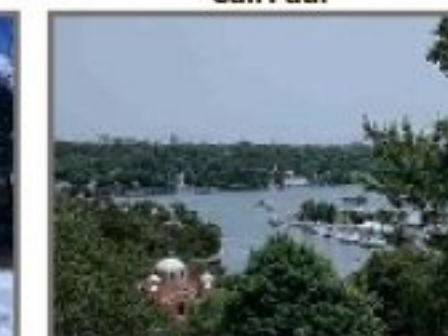
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Take a flagging franchise, add Dwayne Johnson and watch flaccid box office numbers suddenly grow, writes Richard Crouse. CONTRIBUTED

Johnson is 'franchise Viagra'

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IN FOCUS

Former wrestler is Hollywood's biggest actor

Richard Crouse
For Metro Canada



A movie star is someone who can carry a movie, a person audiences will line up to see no matter what the film. There's no formula, just equal parts talent, charisma and staying power.

For years Tom Cruise and Will Smith ruled the Hollywood roost, but Cruise's couch jumping tarnished his star (unless he's headlining a movie with the words *Mission Impossible* in the title) and Smith has hit a box office rough patch.

These days, Hollywood's biggest movie star — both physically and metaphysically — is a former wrestler who made his acting debut playing his own father on an episode of *That '70s Show*. Since then Dwayne Johnson's paycheques have blossomed along with his popularity and in 2016 he was the world's highest-paid actor, in part due to his reputation as "franchise Viagra."

It's a simple formula. Take a flagging franchise; add Johnson and flaccid box office numbers suddenly grow. Case in

point, the *Fast and Furious* series. Johnson signed on for the fifth instalment, playing Diplomatic Security Service agent Luke Hobbs, helping that movie make north of six-hundred million dollars. His over-the-top presence — who else could remove a cast from his broken arm simply by flexing his oversized biceps? — drove the grosses of the next two *F&F* movies to the stratosphere. This weekend's *The Fate of the Furious* is poised to shatter even more records.

His is a varied filmography: a resume containing everything from the highbrow, abstract sci-fi flick *Southland Tales*, and the bloody b-movie *Walking Tall*, to the family friendly *Tooth Fairy* and the pedal-to-the-metal *Fast & Furious* flicks. But they are bound together by one thing — his innate star power.

Haters, like a recent commenter at *Variety.com*, who complained that Johnson, "has never done a compelling complex character, only mindless good vs evil roles," miss his populist appeal.

Despite his Greek God physique, he's an everyman, a charismatic crowd-pleaser with a cocked eyebrow.

His appeal continues off screen as well. He's a big deal now but that wasn't always the case and he's positioned himself as an inspirational figure, a muscle bound Tony Robbins. "I started w/ \$7 bucks. If I can overcome, so can you," he

DIESEL DRAMA

Furious at each other?

Rumoured infighting between the franchise's biggest stars, Vin Diesel and Dwayne "The Rock" Johnson, is uncharted territory for the long-running series. But at the film's world premiere in New York, many attributed the situation between the two stars as nothing more than "business as usual" on a film set.

Michelle Rodriguez equated it to a family squabble. "If you know a family that never fights, then I think ... you just met a Stepford family, and that family is (expletive)," Rodriguez said. "It's not real." THE ASSOCIATED PRESS



tweeted when he was crowned the World's Highest-Paid Actor.

"I have enjoyed a good amount of success and I'm very grateful for everything I have," the bulky actor told me a few years ago.

"I'm very grateful for being who I am. I make sure to approach every project and everything I do as if it is going to be my last," Johnson said.



“She was so ahead of her time in thinking these things were an option, like whether she would marry or not.”

Cynthia Nixon on Emily Dickinson

Five years after being offered the role as Emily Dickinson, actress Cynthia Nixon thought the film would never come together, writes Richard Crouse. CONTRIBUTED

Longing, before Sex and the City

INTERVIEW

**Poet Emily
Dickenson
portrayed by
Cynthia Nixon**

Richard Crouse
For Metro Canada



"Success is counted sweetest,
By those who ne'er succeed,"
wrote Emily Dickinson in one
of the seven poems she pub-
lished during her lifetime.

Those lines must have played on the minds of the filmmakers behind *A Quiet Passion*, a biopic of the reclusive nineteenth-century poet. Production suffered setback after setback while bringing the story to the screen.

Five years after being offered the role Cynthia Nixon said, "I never thought it would come together. I thought, 'Thank you for thinking of me, it is a

good part for me but I don't see how you are going to get this made."

The former *Sex and the City* star often thought about the project but claims she was never impatient at the film's lack of progress.

"I started acting as a 12-year-old and I went to a very tough school and what that taught me was that when I was up for a job that I really wanted and I didn't get, I would think to myself, 'At least I don't have to do double duty. I don't have to do school and work.' Now I have three children and am married. I run a household so when I am not working, I feel it less than other people."

"If you are in something for the long haul you are not constantly taking its temperature."

It took years but Nixon and director Terence Davies succeeded in telling Dickenson's story, bringing to cinematic life not only the facts — she was reclusive and never married — but also the essence of a person with an insatiable need

to question societal norms.

"The questions she is asking as a person and as a woman," says Nixon, "they are big questions. How do I deal with all this love I feel? What does it mean to be intimate with another person? Will I lose myself and do I want to lose myself? I think she was so ahead of her time in thinking these things were an option, like whether she would marry or not. For her that was a question. It wasn't like she was dying to get married and didn't. She chose not to. Whether she was going to be a mother or not. These are questions that women today deal with as a matter of course but most 19th-century women would not have even stopped to consider."

Nixon says Dickinson's ideas and words have been a constant in her life. "We had a record at home of Julie Harris reading some of the poems and the letters. I would listen to them again and again so some of the better-known poems and letters I learned by heart."



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Lilly Singh proves she's a total Bawse

INTERVIEW

YouTube star trades viral for vulnerable in debut book

Sue Carter
For Metro Canada



Lilly Singh is often called an overnight success, but in reality, her fairytale rise to fame is the result of what your grandma might have called old-fashioned elbow grease.

In late March, the YouTube superstar made her third appearance on the Tonight Show with Jimmy Fallon. Within a week, after releasing a couple new videos, Singh returned to her old high school, Lester B. Pearson Collegiate Institute in Scarborough, presenting on behalf of First Books Canada, a literacy program that donated 650 copies of her new book, *How to Be a Bawse: A Guide to Conquering Life*, to an auditorium full of screaming teenagers.

The following day in Toronto, while on her international 34-date book tour, Singh sits in a boardroom at her Canadian publisher, Penguin Random House Canada, for media interviews. There's a handmade pillow sewn by her mother on the chair beside her, a reminder of home wherever she travels.

Singh was 22, living in her parents' Markham home, depressed and caught in a dead-end job when she started producing her own YouTube videos under the alias Superwoman.

Her early content catered mostly to South Asian teens, but as she began to share more observations about life as a young woman, the universality of her mildly feminist messages and straight-up comedy went viral.

In a few years, Singh has amassed over 11 million subscribers and two billion views on the video platform, a sold-out international comedy tour and a role in the Mila Kunis film *Bad Moms*. Forbes declared her the highest-paid woman on YouTube and its third-highest earner overall,



Forbes declared Singh the highest-paid woman on YouTube and its third-highest earner overall. GETTY IMAGES

with estimated 2016 earnings of \$7.5 million USD.

Singh had been offered

book deals before signing with Random House for *How to Be a Bawse*, but didn't feel

she had enough to say.

"I didn't want to write a book just for the sake of it," she says. "I want it to be something that has a point of view, and a message. A lot of cool things have happened and I feel that I need to extract the lessons from those experiences. Now I feel I can offer some-

thing."

Singh says writing the book, which took a year, allowed her to show a more vulnerable side to her fans.

How to Be a Bawse caters mostly to her young 13-24 demographic, but her message to millennials is old school, with chapter titles like *Don't Overthink and Commit to Your Decisions*.

"We are in this environment where we're easily validated by social media," says Singh.

"No one wants to go to the gym, they'd rather take a selfie at the gym. But I want to bring back the art of hard work." (If there's doubt that the BuzzFeed generation is open to motivational advice from books, *Bawse* became a national bestseller the week after its release.)

Singh tries to live up to her own advice. Yet she is also fearful of reaching a level of super-stardom where her values become blurry.

Every morning she reminds herself: "This is great but don't forget the person you want to be."

That also meant learning how to publicly acknowledge her successes. Singh used to be embarrassed about the Forbes article, fearful of coming across as boastful. But now, in true bawse style, she says, "I own it and say I am super proud."

Sue Carter is the editor at Quill & Quire magazine.

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Celeb DIGEST — USA EDITION

1 Older brother of Eddie Murphy dies —

Charlie Murphy, older brother of Eddie Murphy and a comedy stand-up and performer in his own right died Wednesday in New York of leukemia. He was 57. Murphy was perhaps best-known for his appearances on Chappelle's Show and helped write several of his brother's films. THE ASSOCIATED PRESS

2 Punisher decal appears

on police cars, drawing complaints —

Earlier this week, a retired art teacher emailed the Solway, New York Mayor Ron Benedetti about the area's police squad cars, which bear decals referencing Marvel's Punisher character.

After a similar controversy earlier this year in Kentucky, Punisher creator Gerry Conway wrote on Twitter that his "morally compromised anti-hero" was not a

good model for police. THE ASSOCIATED PRESS

3 Nancy Kerrigan discusses pain of miscarriages —

Nancy Kerrigan is opening up about her personal struggles after having six miscarriages in an eight-year span. The Olympic figure skating star emotionally revealed the miscarriages to her dance partner during Monday's episode of *Dancing with the Stars*. In an interview on *Good Morning America*, Kerrigan called the miscarriages "devastating." THE ASSOCIATED PRESS

Vikram Vij says success came at a cost

MEMOIR

Famed chef admits ego led to the end of his marriage

Vikram Vij never dreamed he would become an acclaimed chef in his adopted homeland, or that he would own a culinary empire by the age of 50.

Nor did the Vancouver-based chef foresee he would be called upon by Prime Minister Justin Trudeau and Defence Minister Harjit Sajjan to cook for Canadian Forces overseas, or that he would serve celebrities like Tom Cruise and Martha Stewart.

In his new memoir, *Vij: A Chef's One-Way Ticket to Canada with Indian Spices in His Suitcase* (Penguin Random House), the chef reflects on his journey from India to Austria, where he went to school, and finally to Canada.

"I'm like this little kitchen knife," he says during a recent interview in Toronto, while holding up a chef's knife.

"I went to Austria and I

was beaten and shaped. And I was sharpened in Canada. This is who I am. I'm an alloy of these three countries. Knives are never made of one element. They're made of two, three different elements."

Vij says his goal throughout his career has been to expose Canadians to the cooking culture he left behind in India and show that the cuisine is more than butter chicken and tikka masala.

He uses local food and drink and adds his own twist. "I'm not saying I'm authentic Indian. I am Vikram Vij and that's the food you're eating...We're all products of where we live," he says.

The Amritsar, India-born chef says he's delighted that Canadians have embraced his style of cooking, and pointed to a fundraiser in Chatham, Ont., last week that attracted 175 people.

"Imagine 25 years ago if somebody had said, 'Let's go and watch an Indian chef cook and eat his food,' probably five people would have showed up, and out of those five, four of them would have been family members because they would have been

there just to support you," Vij says.

"So my point is we've come a long way as a nation."

He too has come a long way and credits his ex-wife Meeru Dhalwala for helping him build his brand.

Along with his flagship restaurant Vij's, opened in 1994, he and Dhalwala also co-own Rangoli and have collaborated on three books: Vij's at

Home: Relax, Honey; Vij's: Elegant and Inspired Indian Cuisine; and Vij's Indian.

Vij also became a household name in Canada with TV show appearances on *Top Chef Canada*, *Chopped Canada*, *Recipe to Riches* and *Dragons' Den*, which helped his empire grow to include other restaurants and a food truck, plus partnerships with brands including Air Canada,

Chefs Plate and Neal Brothers.

But he admits his success has come at the expense of his marriage.

The couple still do work together and have weekly family dinners with their daughters when they're all in Vancouver.

"I still love Meeru. We hang out all the time. We joke all the time. She is the

love of my life. I have hurt her tremendously because of my ego, doing 50 things by the age of 50. And I'm OK to admit it because admitting to your crime is the first step towards recovery. You can always point fingers and say, 'She did it. He did it.'

"I put it in the book: 'If you're going to fail, fail loudly. Say it: I screwed up.'"

THE CANADIAN PRESS



Chef Vikram Vij of Vancouver prepares chicken biryani in the Chefs Plate kitchen in Toronto. THE CANADIAN PRESS/DAN ROBB

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PERFORMANCE

Troupe sets new ballet to music by the Tragically Hip

A contemporary ballet inspired by the music of The Tragically Hip will be one of the focal points of the 2017-2018 season for Alberta Ballet.

Artistic Director Jean Grand-Maitre and executive director Chris George announced the lineup for the 51st season this week.

It includes a new family ballet, three internationally acclaimed guest companies and the world premiere of All of Us, the Tragically Hip piece.

Grand-Maitre has previously collaborated with artists including Elton John, Sarah McLachlan, k.d. lang and Joni Mitchell on ballets incorporating their music.

The proposal was first raised last fall with members of The Tragically Hip, which embarked on a cross-Canada trip widely expected to be the last with frontman Gord Downie, who was diagnosed with an incurable form of brain cancer.

In a statement, the band members shared their enthusiasm for the project, pointing to the successes of Grand-Maitre's past collaborations.

"We are thrilled to be part



A ballet inspired by the music of the Tragically Hip is planned for the Alberta Ballet 2017-2018 season. THE CANADIAN PRESS

of this series of wonderful ballet portraits set to the music of some of the greatest musicians of our time," they said. "We are excited to see how our music will be interpreted through the vision of a renowned dance company."

Grand-Maitre said he was honoured for the chance "to create a unique portrait to the music of one of Canada's most beloved group of artists. I look forward to this journey and to exploring the music and the poetry of such profound humanists."

The season also features the company's first new family ballet in 10 years, "Cinderella,"

using sets and costumes by the Cincinnati Ballet.

Tango Fire by Buenos Aires, Argentina, will make its first visit to Alberta, while the season will also include a contemporary production of After the Curtain choreographed by So You Think You Can Dance star Travis Wall.

There will also be a visit from American dancer-illusionists Momix with their show Opus Cactus.

The season will be rounded out with local productions of Dangerous Liaisons, The Nutcracker, and Paquita and Other Works.

THE CANADIAN PRESS



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- Providing a web site featuring technology that enables internet users to book travel.
- Providing personalized information about hotels and temporary accommodations for travel via internet.

Writers don't always follow their own advice

NON-FICTION

Math meets fiction in Ben Blatt's unique new offering

Genna Buck
Metro Canada



Mathematician and journalist Ben Blatt, author of the new book Nabokov's Favourite Word is Mauve, set out to see what big data had to say about some of the biggest names in books.

He digitally analyzed the thousands of texts, from classics to bestsellers, and came up with some surprising findings.

Notorious adverb-hater Ernest Hemingway, for instance, was an average adverb user. Fan-fiction authors use a colossal number of exclamation points.

And yes, Russian literary giant Vladimir Nabokov had a curious fondness for the adjective "mauve." Metro spoke with Blatt about the secrets hiding in our favourite reads.

Where did you get the idea for this book?

I had this thought that every book essentially has 100,000 data points, if you consider a word a data point. And I didn't think anyone had really gone through these books to do experiments, who had an interest in writing and also a math background.

What were the big takeaways?

This book is not prescriptive. But I did spend some time going through classic advice from writers. For example, Elmore Leonard said not to use exclamation points.

At the time, he was actually an average user of exclamation points. Then, he followed his own advice and started using hardly any.

That was a re-occurring pattern: A lot of times writers tend to give advice on things they might not be following themselves. Looking at the numbers is more

informative.

What were some of the most surprising findings?

In the last 50 to 55 years, the sentences have gotten shorter and words have gotten simpler in New York Times bestsellers. It's about two grade levels. The most complex book since 2010 would have been the most simple in the 1960s. It's a very noticeable shift in what is considered writing that would reach the masses.

Any new insights into well-known writers?

A lot of writers say not to open on weather. But Danielle Steele, who is one of the most-read authors writing today, I went through 90 of her books, and close to 50 per cent begin with weather.

I also looked at which authors used 4,000 of the most common clichés. In particular James Patterson, who by most counts is the most-read, most-sold author in America living today, uses the most clichés by a wide margin, even compared to similar authors. But apparently people love his writing, so it's hard to fault him.

Did you come out with a new idea about what makes a great writer?

What makes a great writer is definitely unique style. More concise, more direct, less fluff, that's just the way that writing is drifting

BY THE NUMBERS

55%

Blatt looked at the ratio of the pronoun 'he' to the pronoun 'she' in classic literature and bestsellers. Books by women had a slightly female-centered approach: generally 55-60 per cent 'she.'

75%

But the average for males is closer to 75 or 80 per cent 'he.'

95%

And some books that are considered great are 95 per cent or more 'he.'

1

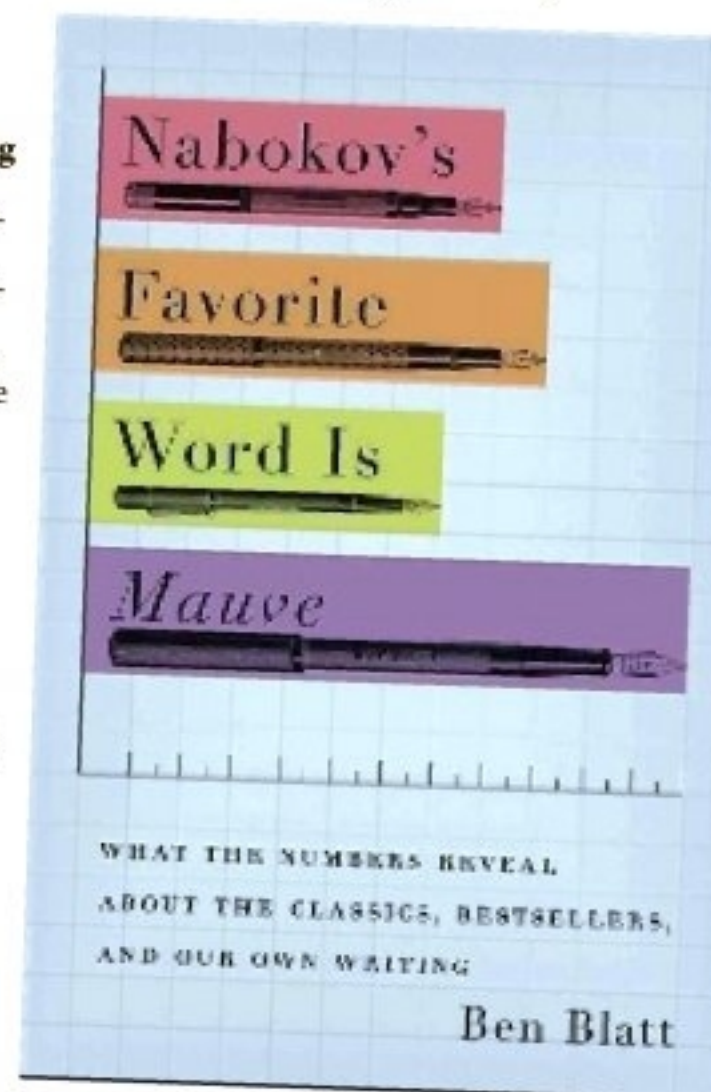
"You never come across a book that's taught in school that is the opposite of that," says Blatt, of the prevalence of male pronouns. "It was very shocking. The Hobbit was a really striking one. There literally is just one 'she.'"

today. Those types of books are more likely to be well-read and well-reviewed.

Simple words can travel far.

You study a core group of well-regarded and well-loved books. Did you let the computer read them or have you read them?

For the 50 authors I always run stats on, and any author I mention in the actual text of the book, I read one book by each of those authors to make sure that my numbers and my perspective were adding up. It's cool to do that with authors like Kurt Vonnegut. I've read every single book he's ever written, but not really thought about (his) writing style directly.



TOP 150 150

CELEBRATING CANADA'S GIFTS TO THE WORLD

Wall to wall

QUEBEC

Historic barrier built in 1600s still standing today

Sean Plummer

Quebec City's ramparts are an impressive reminder of

Canada's past.

It was the French who started building the walls in 1608 to fortify Canada's main stronghold during its colonial period. The British then built them up even further after the Battle of the Plains of Abraham in 1759.

Today, Quebec City remains the only walled city north of Mexico, and the ramparts are a popular tourist attraction.



Quebec City is the only walled city north of Mexico. ISTOCK

Brrrr, it's cold up here

TORSTAR
FILE PHOTO



In 1947 in the Yukon village of Snag, temperatures reached **-63°C**. ISTOCK

If you think Canada is cold now, you should have seen it 70 years ago.

On February 3, 1947, the Yukon village of Snag dropped to **-63°C**, Canada's lowest recorded temperature. That's as cold as the surface of Mars. And that was without the wind chill!

It was so cold that residents said their breath hissed and fell to the ground as white powder. Great White North indeed.

SEAN PLUMMER

Started from the bottom

If he was just known for playing wheelchair-bound basketball star Jimmy Brooks on TV's *Degrassi: The Next Generation*, Aubrey Graham — a.k.a. Drake — would still be a Canadian icon.

used that stardom to promote his hometown.

His 2016 album, *Views*, was one of a handful of records this decade to top the Billboard 200 for six straight weeks. He has also kept busy building up his OVO Sound record label, signing fellow Canadian acts *dvsn* and *PartyNextDoor*; launching his own clothing label; and being named the Toronto Raptors' global brand ambassador.

Then there are his catchphrases, which have caught on worldwide: YOLO ("you only live once") and, especially for Canadians, his rebranding of Toronto as "The Six."

SEAN PLUMMER

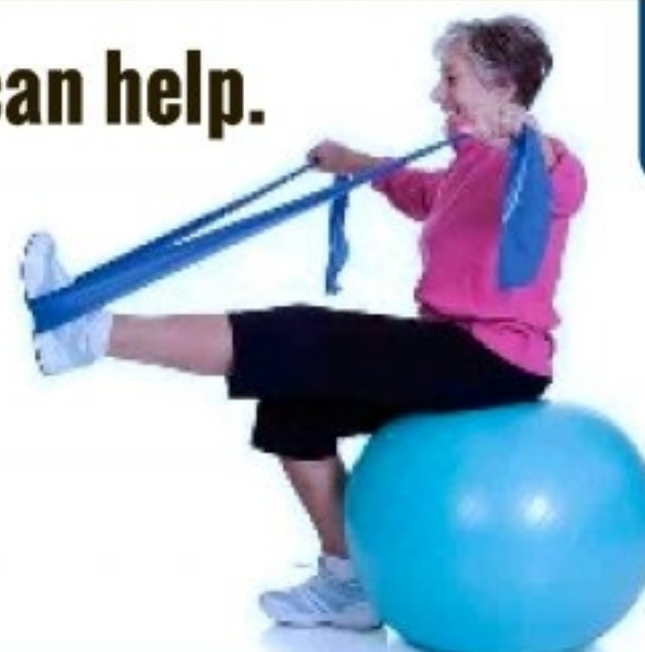
But of course, the former Forest Hill

resident has gone on to massive international success as a singer and rapper and has

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Don't compromise because it's outside

DECOR

Patio trends: Contrast and unexpected fabrics are in

For decades, "outdoor decorating" meant arranging a few nice chairs and a table near a barbecue, then adding an umbrella. But as patios and decks have morphed into "outdoor living rooms," the bar has risen for outdoor style and comfort.

HGTV Design Star judge Vern Yip says he knew we'd reached a new level of outdoor decorating this year when he discovered a fully upholstered, tufted, Chesterfield-style sofa designed for outdoor use. It's not a less comfortable, backyard version of a classic piece of furniture; it's a classic piece of furniture that happens to be weather-proof.

Technology has come so far, Yip says, that we can now have anything outdoors that we like indoors.

As warm weather returns, we've asked Yip and two other experts — interior designer Betsy Burnham of Burnham Design in Los Angeles, and Sarah Fishburne, director of trend and design for The Home Depot — for the furnishings, colour palettes and accessories they are using to make outdoor spaces even more luxurious and inviting.

Mix and match

It's been decades since people shopped for a "suite of furniture" for a bedroom or living room. But until recently, Burnham says, that's been a common approach to outdoor space. That's slowly changing, she says, as people want a more interesting look that doesn't seem lifted directly from a single catalogue page.

Designers are encouraging clients to mix and match. Fishburne says retailers have noticed this trend.

At Home Depot, her design team selects a few shades and makes sure they are consistent throughout the furniture offered that season. So "chili red," for example, will be the same shade if you buy a rug from one brand and pillows from another.

And rather than having to buy a group of four or six identical dining chairs, Fishburne says many chairs are now available



A patio area in Los Angeles designed by Burnham of Burnham Design. Rather than a set of matching outdoor furnishings, designers are encouraging clients to mix and match a variety of styles and brands. CONTRIBUTED

in sets of two that can be paired with a contrasting style. There are also more outdoor styles available than ever.

Aluminum-frame furniture is back. "It's the sort of stuff your grandparents used to have, but the 2.0 version," Yip says. "The proportions are what we like today, deeper and bigger and more comfortable."

If you're worried about how to mix and match successfully, try one of these approaches: You can mix furniture frames, perhaps using a few teak pieces alongside metal or woven resin pieces, and then keep all the cushions or pillows the same. Or you can use all metal or all resin frames from different brands and mix up the pillows and cushions. Either way, you have consistency and a unique look that isn't exactly the same as your neighbour's.

Don't settle

"If you had put an outdoor sofa and in indoor sofa side by side in front of a consumer a year ago or two years ago," Yip says, no one would have had trouble picking out which was which. Today, he says, "you really can't tell the difference."

So take time to shop for what you love, rather than settling for typical outdoor furniture you see everywhere. There are outdoor fabrics that feel as soft as what you'd expect indoors and cushions that are just as soft and deep. Yip says the newest outdoor cushions offer two layers of foam and then a top layer made of a down alternative.

Seek "that super-plush feeling with your outdoor furniture that you're used to feeling with your indoor furniture," he says.

Start with your favourite interior design retailers. They're

likely to offer outdoor options.

"It's not just at the patio store anymore," says Burnham. For example, she says, Design With Reach and Restoration Hardware both offer wide selections of outdoor furnishings.

Seek next-level details

Outdoor storage has become even more inventive: You'll find "console tables that have built-in coolers, or daybeds that have built-in coolers," Yip says.

And outdoor accessories have "detailing and embellishments that used to be reserved for indoor stuff," Yip says, including hurricane lanterns with mother-of-pearl detailing and pillows with feathers, beading or embroidery.

"We've figured out how to have all this detailing, all this embellishment," he says, and "how to have it on the outside,



A rustic daybed on a patio designed by Burnham. CONTRIBUTED

so it does endure and it does last."

To define your outdoor space and bring in plants and flowers, Fishburne recommends large "statement planters." They come pre-planted with a mix of plants that look stylish and grow well together.

Most important: Go for a look you love, rather than one that's perfectly co-ordinated.

"All the rules have kind of been broken," says Fishburne. "No one says you have to have a matching cocktail table in front of your chairs."

THE ASSOCIATED PRESS

Avoiding mortgage insurance

CMHC

By building up your down payment, you can avoid those fees

Camilla Cornell

When Cris Lam bought her pre-construction condo in 2014, she was in the enviable position of having a big enough down payment to avoid mortgage default insurance fees.

Why would she want to avoid insurance, you ask? The simple answer: because mortgage default insurance is really intended to protect the lender, not the homeowner. It ensures if you default on your loan, the bank, trust company or other lender will get its money anyway.

Avoiding the insurance — sold by either Canada Mortgage and Housing Corp. (CMHC) or Genworth — can save the average homeowner a significant amount of cash over time. Fees rose in March for the third time in the last few years, as part of new regulatory requirements that stipulated CMHC and Genworth had to hold more capital to offset risks in the country's booming real estate market.

For example, if the average price of a house is \$730,472 (as it was in Toronto last year), according to the CMHC's premium calculator, if you make the min-



Cris Lam received financial assistance from her parents to purchase a condo and avoid mortgage insurance costs. PEYMAN SOHEILI

imum down payment on that home of \$48,048 and opt to have the CMHC premiums added to your mortgage, you'll pay more than \$27,000 over the life of your mortgage. That's nothing to sniff at.

You can avoid those fees and cut down on your interest payments as well by building up your down payment. Here's how:

Visit the bank of mom and dad. Lam's secret weapon was her parents. In 2013, they sold the

family home, giving Lam, her sister and her brother \$200,000 each to purchase a home of their own.

They even sweetened the pot, boosting Lam's share by \$30,000 so she could live on the eighth floor of her condo building — "Chinese lucky number 8," Lam says she and all of her siblings are so grateful for the support. "I know it's not trendy, but why not ask your parents — who may be downsizing in the future — to start thinking of what can happen if you get your pre-inherit-

ance now to purchase your future home?" she suggests.

Note that mortgage lenders may ask for a signed 'gift letter' indicating the money doesn't have to be repaid and specifying the amount, who is offering the cash and their relationship to the recipient.

Take a systematic approach to savings. Even with her parents' contribution, Lam needed a financial planner's help to ensure she was debt-free and had spare

cash to cover all the additional costs of home ownership.

She met with Victor Godinho, a financial planner with Pangea Personal Financial Planning, who analyzed her spending and delivered some hard truths. "Do you realize you're blowing \$800 a month on food?" he asked her.

"I was caught up in the downtown lifestyle," she says. Lam invested in cooking classes and now designates Sunday as prep day for the week. She also replaced dog-walking fees with a doggy

“

I know it's not trendy, but why not ask your parents — who may be downsizing in the future — to start thinking of what can happen if you get your pre-inheritance now to purchase your future home

Cris Lam

daycare to save money.

Avoid lifestyle inflation. You get a raise and you immediately decide you can afford to go out for dinner three nights a week.

Personal finance blogger Barry Choi (moneywehave.com) developed a goal-oriented budget with his (then) fiancée Carla Salvosa. Initially, they focused on saving for the big day. "After the wedding, that money that was being saved for the wedding was now being saved for home down payment," says Choi.

Supplement your day job. Take on a side business or a part-time job, as Choi did with his blog. Within the first two years of its launch, he generated an extra \$5,000 towards a down payment on a condo and continues to earn a regular income.

THE RIGHT MORTGAGE FOR THE RIGHT HOME.

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Pair up to get into the market

INVESTMENT

With soaring home prices, co-owning a property may be a great idea

Camilla Cornell

Helen Birkett longed to get into the housing market. But as a single woman, working three different gigs, she didn't have the kind of steady, nine to five job that lenders want to see.

Then, one night, about 16 years ago, while out for a drink with a few friends, she was bemoaning the fact that she'd been rejected yet again for a mortgage.

"We should go in together on a property," joked one of her friends. They all laughed, but Birkett couldn't stop thinking about what he'd said.

Finally, she called him. "Let's do this," she said. "Let's go out and look at some properties."

They went out shopping for a house that weekend, found a place they liked and bought it. "Everything was split 50-50," she says. "And we had a legal agreement that spelled that out. I even drew up a will to say what should happen to my portion of



Before purchasing a home with friends or family, be sure to have a candid talk and write up an agreement outlining the 'what ifs,' such as one party on the mortgage wants out or can't meet the monthly expenses. ISTOCK

the property if I died."

That was the first of two properties that Birkett, now 42, has purchased with the same friend. They sold the first when they received an offer from a high-rise condo builder. They bought the latest just three years ago, paying \$550,000 for a house they renovated together. They both had two floors, but Birkett turned one of hers into a basement apartment to help with the mortgage. Now they're looking to sell again

— her friend may move to the country and she is considering her options.

Initially, many of Birkett's friends questioned her decision to co-own with a friend. But the shared house is now worth \$800,000 and with the proceeds from the sale, Birkett should be able to buy a place of her own. "I don't think I would have ever got into the market if I had waited," she says.

Bill Whyte, senior vice

president and chief member experience officer for Meridian Credit Union says Birkett isn't the only one struggling to get a foothold on the property ladder in a housing market characterized by soaring home prices, particularly with the federal government's new stress test. "Even though our five-year fixed mortgage is 2.69 per cent right now, you still have to qualify at 4.69 per cent," says Whyte. "That is making the entry into the housing market difficult

for people, even if they've been saving for years."

Hence the advent of new mortgage options allowing friends or family to pool their resources and buy together. In many ways, Meridian's new Family + Friends Mortgage, introduced in February, in time for the spring mortgage season, operates like just about any other mortgage.

"There's still a flexible repayment schedule and you can choose any kind of mortgage

you want — variable, two-year or five-year fixed," says Whyte.

The big difference? Up to four people can be on a title. They could be siblings, cousins or simply friends that have known each other for a long time. And parents may sign on too, either so that they get their deposit back if the kids sell, or because they want to set up an upstairs/downstairs arrangement with their adult children.

Similarly, Genworth Canada offers a 'family plan program' that allows people to help buy a home for immediate family members who have good credit but lack the income to meet standard gross debt service ratio (GDSR) and/or total debt service ratio (TDSR) requirements. The exception: it can't be used to buy investment properties that won't be owner-occupied.

In spite of the obvious advantages of teaming up to buy a mortgage, it's not a venture to be undertaken lightly, warns Whyte. "You want to make sure you understand all the nuances," he says. That means having a candid talk about who covers what expenses, and what happens if one party to the mortgage wants out, or someone can't cover their share of the mortgage payment. "Divorces happen all the time," he says. "And that's messy enough. When you've got four people on the mortgage it can be a fair bit messier."

Look at financing a mortgage with your RRSP

Erik Heinrich

Robert, 61, has a large investment portfolio in his registered retirement savings plan (RRSP). He's very knowledgeable in real estate and has been investing part of his retirement savings in mortgages for the last 20 years. Through a mortgage agent he learned that a borrower needed \$50,000 to pay his property tax arrears, buy a new truck for his business and do some minor repairs to his home.

The borrower was not able to obtain a bank loan because he had not filed his tax returns in several years and had some fairly serious credit issues. But his house was appraised at \$275,000, which meant Robert would be lending him less than 20 per cent of its appraised value.

He offered a one year mortgage at 7.5 per cent and charged a \$1,000 lender fee, bringing his total return for the term of the loan to a handsome 9.5 per cent. In the meantime the borrower was able to get his taxes up to

date and clean up some of his old credit issues. At the end of the year, he repaid Robert the loan plus interest, and was able to secure a replacement mortgage at a much lower rate from a credit union.

Everyone walked away happy thanks to a little known fact.

"An option for RRSP owners is to invest in a mortgage granted at arm's length to a third party," says James Robinson, a mortgage agent and owner of a Dominion Lending Centres franchise.

First you will need to have enough assets in your RRSP to convert into cash, and you will need a self-directed RRSP that gives you more investment freedom and control. Some RRSP accounts only allow for investing in mutual funds and GICs.

Third party mortgages tend to be higher risk loans to individuals who cannot qualify for financing from traditional channels. Higher risk means much higher rates of interest charged by private lenders.

Rates and fees vary depending on circumstances, including the type of property being secured,

the income and credit history of the borrower and the loan-to-value ratio (which is the value of the mortgage compared to the property's appraised value).

Typically, private first mortgages range from 6 to 10 per cent, second mortgages 8 to 14 per cent. For the investor, the benefit is a much higher rate of return compared to more traditional interest bearing investments such as GICs. But this needs to be weighed against the risk of this type of lending.

"Borrowers who cannot qualify for an institutional mortgage due to income or credit challenges are more likely to default on payments, which could result in the investor losing money," says Robinson. "A good mortgage broker will ensure the facts about the borrower, and property being secured, are fully disclosed to allow the investor to make an informed decision."

The other option is to use your RRSP to finance the purchase of your own home or a rental property. But it really only makes sense if your RRSP is invested in fixed income securities like GICs



James Robinson, a mortgage agent, has only seen half a dozen clients inquire about using an RRSP to finance a mortgage in his almost 30 year career. JON NICHOLLS

paying a lower rate of interest than a mortgage of a similar length would charge. Under these circumstances you can eliminate the spread, or profit margin a bank makes in lending you a mortgage, by borrowing from

yourself and repaying yourself.

Under Canadian law you are required to purchase default insurance to protect your RRSP if you default on your mortgage. Recent changes in mortgage rules now also require that the home

being purchased is worth less than \$1 million. "In my 29-year career in the mortgage industry, I have only had half a dozen clients even ask about this program, and only a couple that decided to proceed," says Robinson.



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When deciding up on what type of mortgage is best for you, experts recommend considering three main criteria: lifestyle, income and overall risk tolerance. ISTOCK

Fixed rate vs variable: making the decision

YOUR ECONOMIC FUTURE

Life situations help determine which is option is right for you

Liz Bruckner

Unless you have a crystal ball to confer with, knowing whether it's financially advantageous to choose a variable-rate mortgage over a fixed-rate mortgage can feel like a daunting task.

In fact, according to Andrew Roper, a mortgage broker with Dominion Lending Edge Financial, because the offerings for

each product are quite different, deciding which option to take on or renew should always boil down to three main criteria: your income, lifestyle and overall risk tolerance.

While many Canadians tend to favour stable, fixed mortgages — 51 per cent of homeowners opted for a five-year fixed rate in 2015 — a host of economic experts tout the merits of variable mortgages when it comes to offering the biggest long-term

advantage, crediting them with being the cheaper option over time.

"It used to be that short-term variable-rate mortgages were by and far the most popular choice for homeowners, but recent changes in interest rates have made fixed rates more competitive, which makes deciding between the two that much more difficult," Roper says.

And, while so much of the selection process is about personal preference, "the life situations a person or couple are experiencing or will potentially experience — think marriage, having a child, changing jobs, retiring — necessitate securing a mortgage

ideally suited to those needs," he adds. "It's a process where the pros and cons associated with each mortgage type should be weighed very carefully."

How can you determine which option is best for you? With variable-rate mortgages, the appeal is that your payments go up or down based on changes to the prime rate, which is currently set at 2.7 per cent by the Bank of Canada. In recent years, interest rates have been lower than that of fixed-rate mortgages, allowing for more of your monthly payment to be applied to the principle of your home. The drawback: Since mortgage payments fluctuate ac-

cording to the prime rate, this means that a hefty increase in said rate will increase your interest payments, as well.

Fixed rates are a different story. Unlike variable rates, these are set for the length of the agreed upon term of your mortgage. Meaning if you have a five-year fixed rate at 2.5 per cent, you'll know exactly how much principal and interest you'll pay on each mortgage payment based on the term chosen. The drawback: Should interest rates drop, you're locked in to paying the higher rate until your fixed term is completed.

What are your mortgage goals? If you haven't already,

determine what your long- and short-term goals are, how long you plan to live in your house, and if you're trying to pay off your mortgage quickly, of if having a reliable monthly cash flow is more important to you.

"Talking through these points and then speaking to an expert about them is vital because it puts you in a better position to select which mortgage program is ideal for you," says Roper. "Having this kind of discussion will also open the door to a host of related topics, such as flexible payment options, yearly additional payments to your mortgage and the guidelines that surround them."

Help close the deal with these apps

There are three things that many real estate agents have in common: they spend a good part of their day on the run; most work alone, as opposed to on teams; and they rely on their smartphones to remain organized and productive.

Fortunately, there are many mobile apps that can give a leg up to a busy real estate agent or broker. But with more than two million of them available at the App Store (for iPhone) and Google Play (for Android devices), where does one start?

The following are a handful of recommended downloads to help close the deal.

Cloud comfort: Create one

central and secure place to hold all your important files, and access them from anywhere, anytime, and on virtually any Internet-connected device. That's precisely what free "cloud" services let you do. Whether you prefer Dropbox, OneDrive, Google Drive or iCloud, you're protecting your important work docs from local threats — a lost, stolen or broken device, for example — and you can not only log in with a password but also type in a one-time code to prove it's really you ("two-step authentication"). Load up your drive with files, agreements, surveys, listings, photos, and more.

Scan, man: Microsoft's free Office Lens turns your smartphone into a flatbed scanner. Real estate agents can snap a pic of a document, whiteboard, receipt or business card, and it will be immediately digitized onto your device.

Printed and handwritten text is automatically and accurately recognized using OCR (Optical Character Recognition) technology, so you can then search for text by keyword, as well as copy, edit and share digitized text. If desired, you can also import what you've scanned into Office apps, save to OneDrive or convert into a PDF.

Sign of the times: Real estate agents and brokers need a simple yet secure way to sign documents, and with more than 50 million users, Adobe's DocuSign is one of the most trusted solutions available.

As you might expect, the DocuSign app lets you fill out and sign legally-binding documents with your fingertip, send docs to others to sign (via email, Dropbox, Google Drive, Evernote, and others), and receive real-time notifications when they have been signed. Store, manage, and access your encrypted documents from anywhere, and on multiple devices.

Remote possibilities: Available for multiple mobile and desktop platforms, Splashtop Remote 2 lets you log into another computer wirelessly from your smartphone, tablet or computer to see and control the remote Windows PC or Mac as if you were sitting in front of it. That's right, you could be at a coffee shop on your iPhone or Android device but tap and flick through your office or home office computer. It's not the first solution to do this, mind you, but this encrypted solution is free and lets you also stream full-motion video and audio from your computer to your mobile device (not just files you left behind). **MARC SALTZMAN**



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Jarome Iginla, 39, says he's not quite ready to call it a career

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Divided coaching loyalties

NHL PLAYOFFS

Ex-QMJHL GM sees Vigneault and Julien as inspirational

As the Montreal Canadiens and New York Rangers rekindle their rivalry with the start of their playoff series on Wednesday, a former general manager in Quebec's top junior league has divided loyalties.

For Charlie Henry, Habs coach Claude Julien and Rangers coach Alain Vigneault — two alumni of the Quebec Major Junior Hockey League — are more like sons.

Both men coached the Hull



Alain Vigneault GETTY IMAGES

(now Gatineau) Olympiques when Henry was the team's general manager.

"They are two of the best ambassadors of the Quebec Major Junior Hockey League," said Henry.

"I'm not just saying that because they coached the Olympiques. They are examples to follow because they never gave up."

Henry said both men are similar in their tenacity.

He explained how Vigneault returned to the juniors after coaching in the NHL, notably in Montreal between 1997 and 2001.

Having to return to a lower league can be difficult for a former NHL coach, Henry said.

"One night, when he was in the juniors, I told him what he was doing wasn't easy," Henry said. "He told me he was confident good things would happen."

Henry said Julien's tenacity reveals itself in the way he manages players.

"Claude is the kind of guy who can convince you to be a good player and improve your game just by the way he speaks to you," he said.

Eventually, after all the positive encouragement, a player starts to believe it, Henry explained.

"It's his strength," Henry said



Canadiens head coach Claude Julien rejoined the team mid-season after he was fired by the Bruins. MINAS PANAGIOTAKIS/GETTY IMAGES

“
They are examples
to follow because
they never gave up.”

Charlie Henry

about Julien. "He's a little like a father encouraging his son, and who keeps on doing it."

Vigneault, while also encouraging, was more direct, Henry said.

"With (Vigneault), when he put his hand on your shoulder and spoke right into your ear with his low but piercing voice — you listened."

And despite his nostalgia and good feelings toward the two men, Henry appreciates how one of them will be on vaca-

tion after the first round of the playoffs.

So maybe that's why he is refusing to make predictions.

"I hope the series goes to seven games," is all he would say.

THE CANADIAN PRESS

Go to metronews.ca for coverage of Wednesday night's Habs-Rangers game.

Tech kicked up a level

NHL coaches will have more technology on the bench than ever before for the Stanley Cup playoffs.

Three iPad Pros will be available for coaches on every bench and officials will also have them to review coach's challenges. The Associated Press has learned. All 16 playoff arenas have been outfitted with the iPads and also Macs for video coaches as part of a collaboration with Apple.

This season, coaches have been able to use video monitors on the bench to help them decide when to challenge offside and goaltender interference situations. With the iPads, which were tested late in the regular season, they'll have real-time video capabilities to show players their own shifts minutes after they happen as they discuss adjustments.

The technology will be valuable for challenges in the playoffs when goals are scarcer.

THE ASSOCIATED PRESS

27

Just 27 per cent of coach's challenges (86 of 313) were successful in overturning calls this season.

TORONTO

Leafs' Zaitsev ruled out for series opener

The Maple Leafs won't have their biggest minute-eater from the regular season available to play Game 1 against the Washington Capitals, and Toronto head coach Mike Babcock is still trying to figure out what to do about it.

Babcock said Nikita Zaitsev, who logged 22 minutes per game as a rookie this season, would be out for

Thursday's opener against the Capitals and perhaps longer.

The 25-year-old was shaken up in the Leafs regular-season finale Sunday night after a loud hit from Blue Jackets captain Nick Foligno.

Toronto said he suffered an upper-body injury on the play, declining to say if he suffered a concussion.

THE CANADIAN PRESS

22

Zaitsev averaged 22 minutes per game.

IN BRIEF

Alonso sets sights on motor sport's Triple Crown

Two-time Formula One champion Fernando Alonso announced Wednesday that he will race in the Indianapolis 500 next month in a surprise switch that means he will miss the Monaco Grand Prix on the same day.

It will be Alonso's first time in the showcase race as he steps up his bid to win the so-called "Triple Crown": the Monaco GP, the Indy 500 and the Le Mans 24 Hours race. THE ASSOCIATED PRESS

Ailing Donaldson inserted in Blue Jays lineup as DH

Josh Donaldson returned to the Toronto Blue Jays lineup Wednesday as designated hitter.

The star third baseman was restricted to pinch-hitting duty Tuesday in a 4-3 loss to Milwaukee due to calf tightness. Donaldson was pulled from Sunday's game in Tampa due to the calf problem.

Regular DH Kendrys Morales shifted to first base for Wednesday's game.

THE CANADIAN PRESS

CFL

Orridge steps down as commissioner

Jeffrey Orridge's tenure as CFL commissioner was a short but tumultuous one.

The league dropped a bombshell Wednesday by announcing Orridge and the CFL's board of governors mutually agreed to part ways effective June 30. The stunning development comes just over two years after Orridge was hired amid much fanfare as the first African American chief executive of a major North American sports league.



Jeffrey Orridge

THE CANADIAN PRESS

No official reason was given for the move, but in a statement Orridge said he and the CFL's board of governors didn't see eye to eye on the league's future. Orridge succeeded Mark Cohon, who spent eight years on the job. THE CANADIAN PRESS

Bus bomb suspect arrested

CHAMPIONS LEAGUE

Islamic radical in custody, Dortmund lose 1st leg to Monaco

German authorities arrested a suspected Islamic extremist Wednesday in their investigation into a bomb attack on a top German soccer team, while the team — missing a defender wounded in the blasts — lost 3-2 to Monaco in a hastily rescheduled Champions League match.

Amid heightened security, the defeat for Borussia Dortmund in Europe's top club competition came less than 24 hours after three explosions shattered a window of the team's bus and rattled nerves across the gritty city in western Germany.

Dortmund coach Thomas Tuchel said after the loss that he felt European soccer's governing body, UEFA, had not taken the attack seriously enough as it swiftly rescheduled the match.

"We weren't asked at all at any time," Tuchel said. "Basically, we had the feeling that we were being treated as if a beer can had



Dortmund fans chanted Marc Bartra's name during the game. The defender was injured after bombs exploded near the Dortmund team bus Tuesday. DEAN MOUHTAROPOULOS/BONGARTS/GETTY IMAGES

hit our bus, and half an hour later the decision was there that (it would be) tomorrow at 6.45 p.m.. That gives you a feeling of powerlessness."

Armed police officers in body armour patrolled the streets around Dortmund's stadium Wednesday night as locals and visiting fans mingled in a subdued atmosphere.

Supporters were banned from bringing backpacks to the match

and some were frisked — with security officials even checking under their hats. During the match, small knots of armed police guarded access to the stands.

Earlier in the day, Frauke Koehler, a spokeswoman for German federal prosecutors, said investigators are focusing on two suspected Islamic extremists in the bus attack and searched their homes, arresting one of them. But authorities said other motives are

possible. Investigators are still trying to determine how the metal-packed devices were detonated and what explosive substance was used. As the investigation continued, the match delayed by the blasts got underway.

Dortmund was without Spanish central defender Marc Bartra, who underwent surgery for injuries to his wrist and arm after the three devices packed with metal pins detonated close to the team

“Basically, we had the feeling that we were being treated as if a beer can had hit our bus.”

Dortmund boss Thomas Tuchel

bus Tuesday night. Before kickoff, his teammates honoured Bartra by wearing yellow T-shirts bearing his image and the message in Spanish: "A lot of strength — we are with you."

Clearly missing Bartra in defence and possibly still shocked by the attack on their bus, Dortmund conceded two goals in the first 35 minutes.

The team fought back after the break, to make it 2-1 in the 57th minute before Kylian Mbappé scored his second in the 79th minute for Monaco. Shinji Kagawa cut the deficit in the 84th minute, but it was not enough to save Dortmund from defeat.

"It was difficult for the team to focus on the game. We let the players decide if they wanted to play. But training did us good," Dortmund coach Tuchel said.

THE ASSOCIATED PRESS

+ RESULTS

■ A. Madrid 1, Leicester 0

Antoine Griezmann converted a first-half penalty kick to give Atletico Madrid a 1-0 win over Leicester in their first leg of the Champions League quarterfinals on Wednesday, keeping the Spanish club on track to make it to the final for a second straight season.

Griezmann coolly scored from the spot in the 28th minute after he was clipped by Leicester's Marc Albrighton.

THE ASSOCIATED PRESS

■ B. Munich 1, R. Madrid 2

Cristiano Ronaldo scored twice for Real Madrid to beat Bayern Munich 2-1 in the first leg of their Champions League quarterfinal on Wednesday, ending the German side's tournament record of 16 straight wins at home.

Ronaldo's second-half goals ensured Madrid came from behind — after Arturo Vidal's 25th-minute header — to put the defending champions on course to reach the semifinals for a seventh successive year.

THE ASSOCIATED PRESS

MLB

Manfred keen to finally get rid of Chief Wahoo logo

Baseball Commissioner Rob Manfred has made his strongest comments on wanting the Cleveland Indians to eradicate their Chief Wahoo logo.

Manfred has been in talks with Indians owner Paul Dolan about abolishing the divisive

symbol, which has sparked debate for decades.

In the past, Manfred has only gone as far as saying he understood why many people find the logo offensive. Now, Manfred appears to be pressuring the Indians, who have reduced Wahoo's

visibility in recent years, to make more significant changes.

MLB spokesman Pat Courtney said in a statement to The Associated Press on Wednesday that league officials are confident about reaching a positive resolution for the game and the club.

"Thus far, there have been productive discussions with the Cleveland Indians regarding the Commissioner's desire to transition away from the Chief Wahoo logo," Courtney said.

"We have specific steps in an identified process and are

making progress."

On Tuesday, protesters gathered outside Progressive Field to demonstrate against the team's usage of the red-faced, smiling logo, which has been part of the team's history dating back to the 1940s. THE ASSOCIATED PRESS



Rob Manfred. GETTY IMAGES

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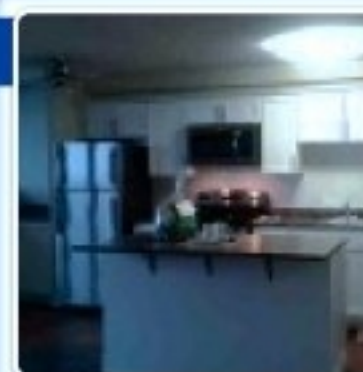
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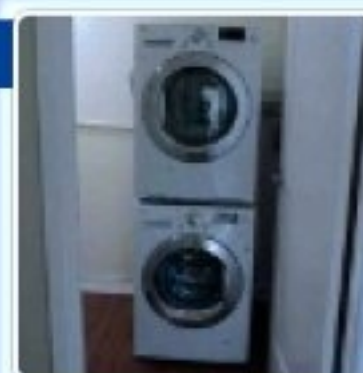
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Tex-Mex Grilled Chicken with Corn and Black Bean Salad



PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The freshness of lime marinade coupled with the fibre-rich salad make this a healthy, satisfying dinner.

Ready in 30 minutes

Prep time: 10
Cook time: 20
Serves: 2 - 3

Ingredients

- 2 chicken breasts
- 2 cups (475 ml) fresh or frozen and thawed corn kernels
- 1/2 cup finely chopped red onion
- 2 cups (475 ml) no-salt-added cooked black beans, rinsed and drained
- 1 red bell pepper, cored, seeded and diced
- 1/3 cup (80 ml) cilantro leaves, finely chopped

Marinade

- 1/4 cup (60 ml) olive oil
- 2 Tbsp (30 ml) fresh lime juice

- 1 Tbsp (15 ml) honey
- pinch salt and pepper

Dressing

- 2 Tbsp (30 ml) fresh lime juice
- 2 Tbsp (30 ml) olive oil
- 1 tsp (5 ml) honey
- Pinch salt and pepper

Directions

1. Preheat grill. In small bowl, whisk together your marinade ingredients.
2. Use about 2/3 of it to coat chicken on a plate.
3. Rinse onions in cold water, drain and place in a large bowl along with the black beans, red pepper and cilantro. Whisk together the dressing ingredients and pour over black bean mixture. Stir in the corn.
4. Grill chicken 10 minutes over medium/high heat. Turn over and grill for another 10 minutes.
5. Serve chicken with corn and black bean mixture. Top with cilantro and a squeeze of lime.

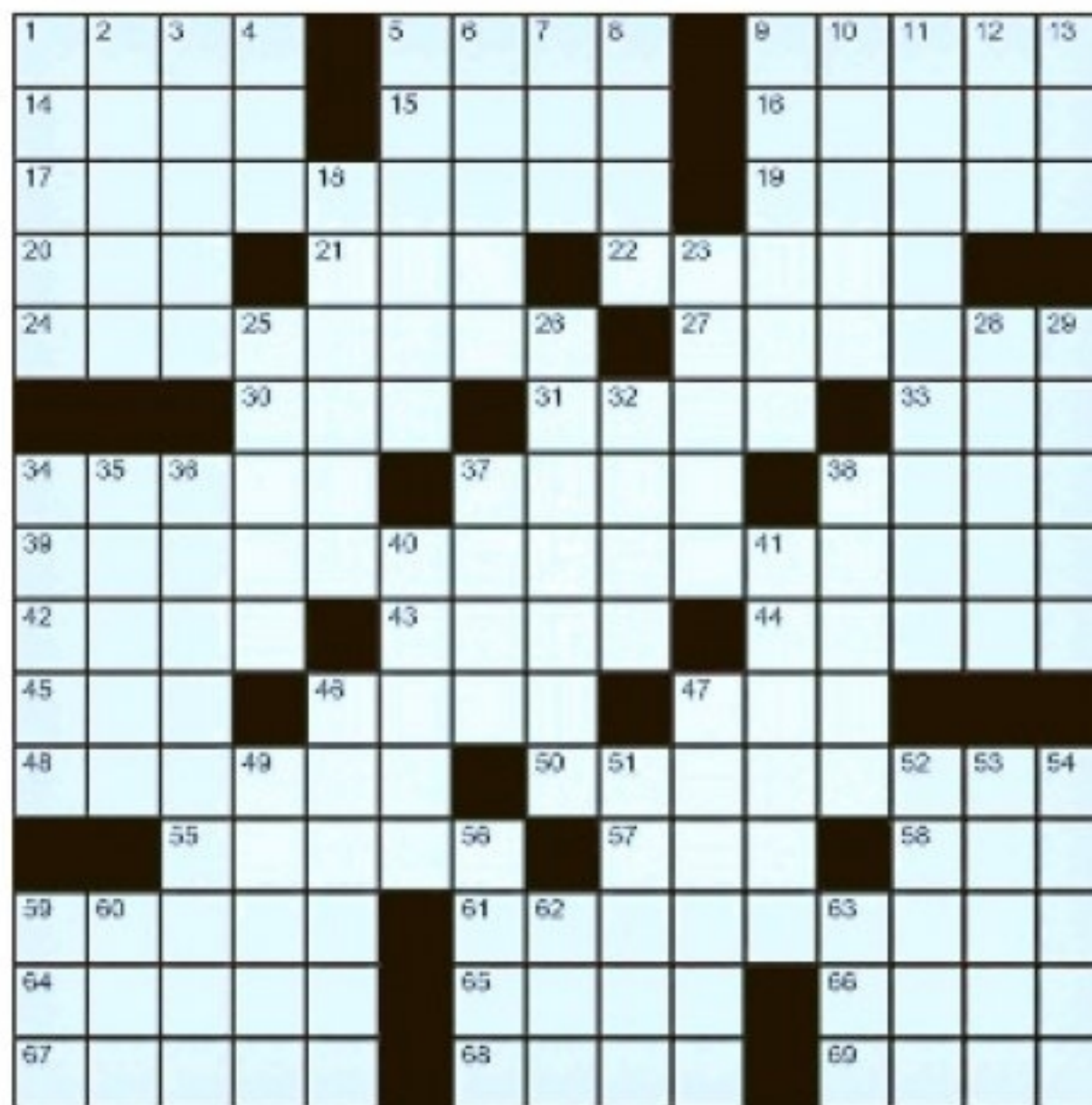
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. She-chickens
5. Wonky
9. Montreal 'morning'
14. Farm song bit: "Here __, there..."
15. "Begone!"
16. "Bust __" by Young MC
17. Inspirational, like feel good movies
19. Recorded
20. Full amt.
21. Allow
22. Bitter
24. Derelict buildings, perhaps
27. The Kennedy Center __ (Performing arts achievement awards)
30. Play on words
31. Genghis __ (Mongol emperor)
33. Rap music's Kim
34. Titanic passenger, John Jacob __ IV (b.1864 - d.1912)
37. Dining room table lengthener
38. Other
39. Saskatchewan village: 2 wds.
42. Fossil fuel form
43. Red __ (Spicy cinnamon candies)
44. American author, Fannie __ (b.1885 - d.1968)
45. Legendary bird
46. Quasi
47. Director Mr. Pollack, to pals
48. Famously low-in-carbs diet
50. Contributes one's point of view: 2 wds.
55. Daggers



57. Apricot-like fruit
58. Alphabetic trio
59. Entertain, as a comedian
61. Premium knitting supply
64. "Finding Vivian __" (2013)
65. "Heat of the Moment" band

66. Horse speed
67. Paul who famously sang "Nesun Dorma"
68. Mr. Danson's
69. Parched

DOWN

1. High, in Hull
2. Drained of liquid
3. __prosequi (Not proceeding, in law)
4. " __ heard..."
5. "Backward" at sea
6. Canadian flag hues, red and __
7. Mr. Howard
8. __ mat
9. __-of-honour
10. Mightily, archaically
11. Highest money amount: 2 wds.
12. " __ had it!" (Enough!)
13. Mr. Beatty
18. Cake shop

- supplies
23. Fray
25. Go bad, as milk
26. Variant-spelled doubter
28. Hazards
29. Rain/snow mix
32. Triumphant laughs!
34. Capital of Ghana
35. "Dam it!"
36. Athleisure attire
37. Weaving machine
38. Dodge
40. Guess Who's " __ Eyes"
41. Poetry features
46. Scoundrel's 'smiles'
47. "The Lion King 2: __ Pride" (1998)
49. Map detail
51. Muggy
52. Goopy campfire treat
53. The Koh- __ Diamond
54. "Cape Fear" (1991) star Nick
56. Blinds strip
59. Guitarist's blaster
60. Psychedelic rocker's jacket
62. Peer Gynt's mother
63. Kilograms and pounds, for short

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You will be impulsive and spontaneous today, because you have a strong desire to do your own thing. Feelings of freedom make you want to set your own boundaries and determine your own course.

Taurus April 21 - May 21
This could be a restless day for you because you will rebel against anything that restricts you. You do not want to be confined or held back by rules. (Yes, you feel rebellious.)

Gemini May 22 - June 21
A friend might surprise you today by doing something quite outrageous. Or perhaps you will meet someone new who is outrageous. Either way, it's fascinating.

Cancer June 22 - July 23
You do not want people telling you what to do today, especially bosses, parents and teachers. You want to call the shots.

Leo July 24 - Aug. 23
You have your own ideas about religion and politics and do not want others to try to dissuade you. You also might impulsively travel somewhere today.

Virgo Aug. 24 - Sept. 23
Discussions about inheritances and shared property might suddenly change today. You might want things to be different, or perhaps somebody else does. Be alert to whatever happens, because it might surprise you.

Libra Sept. 24 - Oct. 23
Friends and partners are unpredictable today. They will either surprise you or respond to you in a surprising way.

Scorpio Oct. 24 - Nov. 22
You want the freedom to do your own thing at work today. You also might want to introduce reforms and better ways of doing things. Why not?

Sagittarius Nov. 23 - Dec. 21
Dealing with children might be challenging today, because they want control over their actions. Likewise, romantic relationships will be full of surprises.

Capricorn Dec. 22 - Jan. 20
It's hard to predict how a discussion with a parent or an authority figure at home will go today. You don't want anyone telling you what to do. You also want to break free of routine. (This will be interesting.)

Aquarius Jan. 21 - Feb. 19
You're full of bright and clever ideas because you can think outside the box. For sure, your daily routine will change. Stay flexible.

Pisces Feb. 20 - March 20
Watch your money today, because things are unpredictable. You might find money, or you might lose money. Keep your eyes open.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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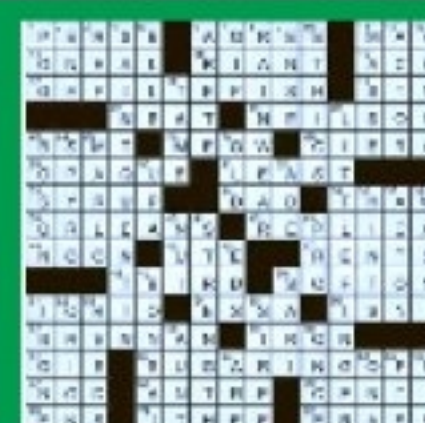
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